## Cycle Menu Spring 2013 – Week 4

**Food that can cause allergies are in red.**

<table>
<thead>
<tr>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
</table>
| Waffle & Smoothie Station  
Maple Hot Cereal  
Scrambled Eggs Pancakes  
Vegetarian Pancakes  
Eggs Cooked to Order  
Potato Ovals  
Canadian Bacon  
Assorted Pastries | Waffle & Smoothie Station  
Oatmeal  
Scrambled Eggs  
Egg/Bacon/Cheese English (veggie too)  
Scrambled Tofu English*  
Eggs Cooked to Order  
Corned Beef Hash  
Potato Puffs  
Sausage Patties  
Cinnamon Rolls | Waffle & Smoothie Station  
Grits  
Scrambled Eggs  
Huevos Rancheros (veggie too)  
Tofu Rancheros*  
Eggs Cooked to Order  
Potato Sticks  
Bacon  
Assorted Muffins | Waffle & Smoothie Station  
Cream of Wheat  
Scrambled Eggs  
Breakfast Pizza (veggie too)  
Vegan Tofu Pizza*  
Eggs Cooked to Order | Waffle & Smoothie Station  
Oatmeal  
Scrambled Eggs  
French Toast Soufflé  
Vegan Pancakes*  
Eggs Cooked to Order  
Mini Potato Pancakes  
Bacon  
Donuts |

**Brunch 10:00 – 12:30**

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
</table>
| Pizza (French Bread Pizza)  
Chicken Rice Soup  
Scrambled Eggs  
Sausage Links  
Chocolate Chip Pancakes  
Scrambled Tofu*  
Stir-Fry Bar*  
Hash Browns  
Elephant Ears |  
Cream of Broccoli Soup  
Pizza Station  
Deli Station/Roast Beef Cheddar Melt  
Greek Station  
WOK Station  
Spaghetti & Sauces  
Turkey Burgers  
Baked Ziti  
Mixed Veggies  
Chocolate Chip Cookies |  
Potato Leek*  
Burger Station  
Deli Station/Cheese Quesadilla  
Mexican Station  
WOK Station  
Dog House Grill Breads & Dips  
Pulled Pork Sandwich  
Brazilian Rice  
Vegetable Couscous*  
Onion rings  
Carrots  
Oreo Cheesecake Bars |  
Hungarian Mushroom  
Burger Station  
Deli Station/Bacon Caesar Panini  
Asian Station  
WOK Station  
Spaghetti & Sauces  
Philly Cheese Steak  
Barley & Mushrooms*  
Peas  
M&M Cookies |  
Tomato Soup  
Burger Station  
Deli Station/Tuna Melt Italian Station  
WOK Station  
Dog House Grill/Chips Breads & Dips  
Grilled Cheese  
Sesame Noodles*  
Vegetable Fries  
Veggie of the Day Cheesecake Praline Squares  
New England Clam Chowder  
Grill Station (Chicken Burgers)  
Vegetable Soup  
Scrambled Eggs  
Sausage Patties  
Home-Made French Toast  
Vegan Pancakes*  
Stir-Fry Bar*  
Diced Potatoes  
Corn  
Butterscotch Chip Cookie |

**Chef's Table**

<table>
<thead>
<tr>
<th>The Griller</th>
<th>Bistro</th>
<th>Melting Pot</th>
<th>Fusion Foods</th>
<th>Pacific Rim</th>
<th>Comfort Zone</th>
</tr>
</thead>
</table>
| Deli Station/ Roast Beef Cheddar Melt  
Pasta Station  
WOK Station  
Capellini Pomodoro  
Chicken & Beef Grill  
Grilled Chicken Filet Mignon  
Grilled Shrimp Caprese | Deli Station/Cheddar Melt  
Pasta Station  
WOK Station  
Mushroom Spinach Crepes*  
Mushroom Crepes  
Dragon Fire Salmon  
Chicken Parmesan  
Argentinian Beef  
(croissant)  
Roasted Red Potatoes  
Broccoli  
Sun Dried Tomato Bread  
Blueberry Pie | Deli Station/Bacon Caesar Panini  
Pasta Station  
WOK Station  
Dirty Rice & Red Beans*  
Super Nachos  
Cherokee Chicken  
Roast Ham w/pineapple (crocking station)  
Smashed Potato & Gravy  
Summer Squash  
Corn Muffins  
Chocolate Milkshake Cake | Pizza Station  
Deli Station/Tuna Melt  
Pasta Station  
WOK Station  
Korean Tofu*  
Chicken Quesadillas  
Picanha Shrimp  
Korean Beef (carnival station)  
Couscous  
Baked Sweet Potatoes  
Wheat Bread  
Banana Cream Pie | Deli Station/Turkey Bacon Jack Melt  
Pasta Station  
WOK Station  
Spinach Parmesan Fondue  
Mushroom Ravioli*  
Calamari  
Caesar Beef  
Long Grain and Wild Rice  
Asparagus  
Rosemary Bread  
Apple Crisp  
Pasta Alfredo  
Stir Fry Bar*  
Zucchini Casserole  
Meatloaf & Gravy  
Chicken Broccoli Cheese  
Spicy Wedge Fries  
Peas  
Dinner Rolls  
Chocolate Cream Pie |