

## ADVENTURE THERAPY

Following is some general information about resources and tools to assist researchers in the field Adventure Therapy. This is just a sampling of what the Quimby Library has in its collection.

### FINDING BOOKS

The library's holdings are best accessed through Minerva, our online catalog. This system can be searched by author, title, subject heading, or key word. Help in using the system is available online and at the reference/circulation desk. The library catalog [<http://minerva.maine.edu/search~S96>] can be accessed from the library as well as your home or office via the internet.

The library holdings are arranged by the Library of Congress classification system and uses Library of Congress subject headings. Examples of possible subjects include:

**Adventure games; Adventure therapy; Experiential learning; Feminist therapy; Games; Group counseling; Group games; Group psychotherapy; Handicapped – recreation; Outdoor education; Problem youth – counseling of; Recreation leadership; Recreational therapy; Report writing; Survival skills; Wilderness survival; Wilderness Therapy Program**

ABC's of grantsmanship : a project of the American Association for Leisure and Recreation, an association of the American Alliance for Health, Physical Education, Recreation and Dance / S. Harold Smith, Daniel D. McLean. **HG177.5.U6 S64 1988**

Adventure therapy : therapeutic applications of adventure programming / Michael A. Gass.

**RC489.A38 G37 1993**

Dictionary of concepts in recreation and leisure studies / Stephen L. J. Smith **REF GV11 .S57 1990**

Dictionary of statistics & methodology : a nontechnical guide for the social sciences / W. Paul Vogt.

**REF HA17 .V64 1999**

Doing honest work in college : how to prepare citations, avoid plagiarism, and achieve real academic success / Charles Lipson. **PN171.F56 L56 2004**

Encyclopedia of leisure and outdoor recreation / eds. J.M. Jenkins & J.J. Pigram **REF GV11 .E55 2003**

An examination of the scope and variety of adventure therapy services within the state of Maine / Donald F. Lynch **RC489.A38 L96 2005**

Exploring islands of healing : new perspectives on adventure based counseling / by Jim Schoel and Richard Maizell. **RC489.A38 S332 2002**

Group action : the dynamics of groups in therapeutic, educational and corporate settings / T. Martin Ringer. **BF637.C6 R555 2002**

Manual of accreditation standards for adventure programs / eds. D. Leemon, et al. **LB1027.23 .M36 2005**

Opportunities in recreation and leisure careers / Clayne R. Jensen, Jay H. Naylor **GV160 .J45 1990**

Outdoor leadership : theory and practice / B. Martin, et al. **GV181.4 .O98 2006**

Outdoor recreation program directory & data/resource guide / David J. Webb **REF GV191.4 .W4 2002**

Parks directory of the United States **REF E160 .S65 2001**

QuickSilver: adventure games, initiative problems, trust activities and a guide to effective leadership / K. Rohnke, S. Butler **GV362 .R567 1995**

Shouting at the sky : troubled teens and the promise of the wild / Gary Ferguson. **RC489.A38 F47 1999**

Digital Book Index <http://www.digitalbookindex.com/about.htm>

National Academy Press (Full text of over 3000 titles) <http://books.nap.edu/index.html>

### FINDING JOURNAL ARTICLES AND CONFERENCE REPORTS

The following abstracting/indexing databases will help you find published non-book literature.

Academic Search Complete (EBSCOhost) <http://libraries.maine.edu/mainedatabases/authmaine.asp?db=asc>

Environment Complete (EBSCOhost) <http://libraries.maine.edu/mainedatabases/authmaine.asp?db=eih>  
ERIC (EBSCOhost) <http://libraries.maine.edu/mainedatabases/authmaine.asp?db=ee>  
Adventure therapy publications & presentations of H.L. (Lee) Gillis, Ph.D  
[http://leegillis.com/AT/pubs\\_LG\\_03\\_2005.htm](http://leegillis.com/AT/pubs_LG_03_2005.htm)

## JOURNALS/E-JOURNALS

Camping Magazine

Horizons: practical outdoor learning

International Journal of Wilderness (Free sample articles from each issue) <http://ijw.wilderness.net/>

JOPERD: the journal of physical education, recreation and dance

Journal of adventure education and outdoor learning

Journal of environmental education

Journal of experiential education

Journal of leisure research

Journal of Leisurability (v22:2 1995 – v27:1 2000) <http://www.lin.ca/htdocs/findrs.cfm>

Journal of park and recreation administration (current issues on the web, older issues in print)

<http://www.sagamorepub.com/ebooks/>

Leisure sciences

New Zealand journal of outdoor education

Outdoor education and recreation law quarterly

The Outdoor Network: the global forum for outdoor professionals

Palaestra: forum of sport, physical education & recreation for those with disabilities

Parks and recreation

Ragged edge: the disability experience

Sports 'n spokes: the magazine for wheelchair sports and recreation

Wilderness medicine newsletter: for the recognition, treatment, and prevention of wilderness emergencies

For a complete list of our journal holdings go to: <http://www.unity.edu/library/periodicals.asp>

## ASSOCIATIONS/SOCIETIES

Academy of Leisure Sciences <http://www.academyofleisureciences.org/alsintro.htm>

American Therapeutic Recreation Association <http://atra-online.com/cms/>

Association for Experiential Education, Therapeutic Adventure (TAPG) <http://tapg.aee.org/>

Association of Outdoor Recreation and Education <http://www.aore.org/>

European Institute for Experiential Learning and Outdoor Adventure <http://www.eoe-network.org/home.htm>

Helen Keller Worldwide <http://www.hkworld.org/>

Institute for Outdoor Learning <http://www.outdoor-learning.org>

Maine Recreation and Park Association <http://www.merpa.org/>

National Association for Therapeutic Wilderness Camps <http://www.natwc.org>

National Association of Environmental Professionals <http://www.naep.org/>

National Recreation and Park Association <http://www.nrpa.org/>

National Therapeutic Recreation Society <http://www.nrpa.org/content/default.aspx?documentId=530>

North American Riding for the Handicapped Association, Inc. <http://www.narha.org/>

Professional Ropes Course Association (PRCA) <http://www.prcainfo.org/>

Riding to the Top: Therapeutic Riding Center (Maine) <http://www.ridingtothetop.org/>

Wilderness Education Association <http://www.weainfo.org/>

## VIDEOS/DVD

Beyond the barriers / a film by Eric Perlman and Mark Wellman. **VIDEO 790.196 B468**

Camp White Cloud goes to court : training issues for staff in risk management / American Camping Association. **VIDEO 790.069 C15**

How we play : recreational options for people with disabilities / by Curtis Craven, Texas Parks and Wildlife.

**VIDEO 790.196 H83**

Soft paths : how to enjoy the wilderness without harming it / produced in partnership by the National Outdoor Leadership School and the U.S. Forest Service. **VIDEO 333.784 So23**

#### WEB SITES

Adventure Therapy Web <http://leegillis.com/AT/>

AmoebaWeb: psychology on the web <http://www.vanguard.edu/faculty/ddegelman/amoebaweb/>

National Center on Accessibility <http://www.indiana.edu/~nca/>

Office of Juvenile Justice and Delinquency Prevention's Model Programs Guide (MPG)

[http://www.dsgonline.com/mpg\\_non\\_flash/wilderness\\_camp.htm](http://www.dsgonline.com/mpg_non_flash/wilderness_camp.htm)

OutdoorEd.com (Web resource for outdoor & experiential education professionals)

<http://www.outdoored.com/default.aspx>

Therapeutic Recreation Directory <http://www.recreationtherapy.com/rt.htm>

#### GOVERNMENT

National Park Service <http://www.nps.gov/>

Recreation.Gov <http://www.recreation.gov/>

USA.gov The U.S. Government's official web portal <http://www.usa.gov/>

Dorothy W. Quimby Library

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