

The St. Mary's Nutrition Center has two full-time job openings. See details below.

Overview of the Nutrition Center of Maine: The Nutrition Center of Maine (NC) was founded by St. Mary's Health System to promote community healthy through organizing, advocacy and education. Located in the heart of downtown, the Nutrition Center serves as a healthy food hub in the midst of Lewiston's most diverse and economically challenged neighborhoods. The NC is founded on the belief that good health relies upon access to healthy, local food. The Nutrition Center's programs provide the tools for participants to find affordable and low-barrier ways to access and cook healthy foods; distribute emergency food through the Food Pantry; and promote local food through urban food production, neighborhood access points and farmers' markets through the Lots to Gardens program.

Brief descriptions of the available positions:

Youth Programs Coordinator will lead youth and children's gardening and leadership enrichment programs that are a part of the NC's Lots to Gardens program. These programs are designed for children and youth growing up in poverty and dealing with food insecurity. **Key responsibilities** include managing direct hands-on programming for children and teens; developing garden and leadership education resources and curricula; overseeing program volunteers and seasonal staff; managing and supporting community garden programs; and cultivating partnerships that support goals of the Nutrition Center and enhance youth engagement.

Community Cooking Educator will lead programs that teach basic cooking skills, healthy eating habits, and cooking as a form of personal and community enrichment. Most of these programs use a low-barrier approach designed for limited-resource families and individuals facing food security and/or issues related to poor nutrition. The guiding goal for these education programs is for participants to learn how to make food choices that promote good health. **Key responsibilities** include teaching hands-on programming for children, teens, adults and seniors; developing cooking and nutrition education resources and curricula; and cultivating partnerships that support cooking, nutrition, and food access goals of the Nutrition Center.

These are full-time positions eligible for benefits. Compensation will be commensurate with experience. **To learn more information about the positions**, contact the Nutrition Center Director: Kirsten Walter at kwalter@stmarysmaine.com or [\(207\) 513-3845](tel:(207)513-3845).

To apply visit: <http://www.stmarysmaine.com/Job-Finder.html> and search under "service" .

Please forward widely!

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www.stmarysmaine.com/nutrition-center-of-maine.html

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