

# Unity College: a Natural Setting for Your Next Event

We are happy to provide you with information that will make your stay more comfortable and enjoyable. Please feel free to contact us with any further questions.

## Lodging

Participants for the workshop may likely be housed in Maplewood or Cianchette Halls, the newest of Unity's residence halls. Maplewood is one of the most energy-efficient buildings on campus and features solar hall lights and super-insulated "Alaska" slabs. Cianchette is a suite-style hall designed to provide a quiet atmosphere conducive to scholarship and privacy.

Please keep in mind that residence halls are built for college students and may not contain amenities typically found in a hotel. Suggested items to bring to make your on campus stay more enjoyable:

- clock radio
- flip flops or other kind of shower shoes
- hiking boots if you want to traverse our many woodlot trails
- small travel size toiletries with compact mirror
- hairdryer
- summer clothes for warm days and cool nights
- notebook/pads and writing utensils
- cash for additional meals (see below) or personal excursions
- umbrellas or rain gear
- towels and pillows for your own comfort (linens, light blankets and pillows may be provided, but feel free to bring your own if you prefer)

Each hall features a bulletin board containing helpful numbers, emergency contact information and local restaurants with menus. Workshop participants can be reached by calling Kate Grenier at 207.948. 3131 ext. 301 during business hours or Public Safety at 207.948.2268 after hours.

## Parking

Free parking is available near residence halls. Participants are encouraged to use these designated lots as the campus is small and everything is only a short walk from parking areas.

## Internet

We provide wireless internet access in most buildings. When you turn on your computer, your wireless card should search for the open wireless connection. Click "connect" to the Unity Guest network and open your browser with the login and password provided upon arrival to campus. There are also several public computers available for your use in the library. Please note that the wireless allows access to the internet and only web based email accounts (such as Yahoo or Gmail) are accessible.

## Meals

The dining hall is centrally located on campus and boasts a salad bar featuring fresh organic produce from our campus community garden whenever available. Our catering staff places high emphasis on providing sustainable food with regard to season and cost and prepare all menus with sustainability in mind. Additionally vegan and vegetarian entrées are extensive and creative.

Meals are served three times a day beginning with dinner on registration day and ending with lunch the last day of the program unless otherwise specified. Consult your program schedule for specific meal times and dates. If you are staying additional nights before or after the program, please note that meals will not be provided.

## Directions

**From the South:** I-95 North to exit 113 (Augusta-Belfast). Route 3 East merges with routes 202/9. Follow 202/9 North to Unity, approximately 35 miles. Be aware that 202/9 will make 2 major turns in route to Unity—14 miles beyond the Augusta exit, the first major turn is a left in S. China, and 7 miles beyond that is a right, just up a hill beyond Lakeside Country Store (heading in the direction of Bangor). Follow Route 202/9 for 14 miles into Unity. Turn right at the Unity College sign.

**From the North:** I-95 South to exit 174. Take a left at the end of the exit ramp. Follow Route 69 East 1.5 miles. Turn right at the blinking light on to Routes 202/9. Follow Routes 202/9 South for 22 miles to Unity. In the center of town travel straight through the blinking yellow light, proceed another 1/3 of a mile. Turn left at the Unity College sign.



We look forward to your stay with us!