LIVING AT UNITY
More than a Place, A State of Being
Sustainability Guides Decision Making
Arts Create New Vistas
Wellness Infuses Community
What is it like to live at Unity College? You can’t live well at Unity unless you are willing to meld with the landscape. You can’t know Unity until you’re ready to walk the fields and hills, get on your bike and explore the back roads, swim in the lakes, snowshoe through the woodlot, get up early, and admire the sunrise. You have to let the landscape enter you, permeate your thinking, guide your moods and spirit, and take you through the day.

Consider a day in the life of several senior administrators. Gary Zane, the dean for student affairs and Amy Knisley, the senior vice president for academic affairs, and I have many interests and pursuits in common. Above all, we tend to get restless around noon time. At that point, we’ve been at our desks far too long, attended one meeting too many, and we crave the outdoor life. Depending on the season we hop on our bikes or take out our snowshoes, and give ourselves an hour to explore the landscape. That’s one of the most important ways we’ve come to live at Unity.

At 5 a.m. during hunting season, you can hear the pick-up trucks rumbling. The early morning hunters are getting ready to roam the woods so they can get back in time for morning classes. On weekends, students scramble to organize their backpacks, climbing gear, and sleeping bags for their next outing. At any time, you can see students and faculty loading a van with lab equipment, preparing to take a measurement in a Pleistocene bog, or a nearby lake.

But don’t habits and routines such as these model good practice for how to live anywhere? I can’t imagine any other way of dwelling. Immerse yourself in the weather. Go out in a storm. Walk the city streets. Learn about the flora and fauna, explore the landscape, and see all aspects of your neighborhood.

If you ask students to discuss their most important Unity College experience, they will inevitably link it to an outdoor setting, whether it was the source of adventure or endurance, the object of scientific inquiry, or the basis for a creative essay or piece of art. That’s what they most remember about Unity. That’s what is most important about living here.

From the President

Immerse yourself in the weather. Go out in a storm. Walk the city streets. Learn about the flora and fauna, explore the landscape, and see all aspects of your neighborhood.

Mitchell Thomashow
President, Unity College
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On the Cover
Living at Unity is about more than geography

There is more to a sense of place than a set of GPS coordinates. When it comes to living at Unity College, the theme of this issue, the vision for this concept involves a shared sense of purpose, interpersonal connectedness, and values. It also transcends the physical campus.

Rather, living at Unity is best described as a state of being.

What does this mean in practice? It relates to the sense of belonging when greeting friends and colleagues while walking along Murdock Drive. Sometimes it is helping the Unity Area Volunteer Food Pantry to develop a new web site, or attending an alumni weekend activity.

Often living at Unity relates to the budding sense of competence and confidence gained over time among students who took the leap of faith to invest their time, effort, and dreams in what the College offers.

The stories in this issue explore the vistas that complete a portrait of living at Unity.

An article by President Mitch Thomashow delves into how key sustainability principles serve as a guide for administrative governance. His wife, Executive Director of the Center for Environmental Education Cindy Thomashow, writes about the environmental and educational work of Trustees Martha Dolben and Eleanor Briggs.

Professor Diane Murphy offers an overview of the speakers and experts who regularly visit the campus, while Associate Professor Mick Womersley offers insights into why the acquisition of barn building skills can be valuable for college students.

Other articles draw from the experience and focus of professionals who shape day-to-day life at Unity College. Director of Student Health Services Anna McGalliard and Clinical Counselor Julie Johnson discuss how they address a wide range of medical and interpersonal issues through a holistic approach to wellness.

Avid climber and Experiential Programs Assistant Ryan Howes ’07 delves into the campus climbing culture, while his colleague Career Consultant/Internship Coordinator Nicole Collins ’00, writes about how the Outdoor Adventure Center contributes to the wellness of faculty, staff and students.

Additional topics explored cover a rainbow of issues, from athletics to the importance of diversity to the comprehensive efforts of Dean for Student Affairs Gary Zane, Director of Residence Life/Assistant Dean for Student Affairs Stephen Nason, and the entire Student Affairs staff to ensure a positive campus environment.

There is much, much more to discover in this issue.

In the end, living at Unity is about taking part in something worthwhile, expansive, positive and greater than oneself.

Mark Tardif
Managing Editor
Exceptional Representation of Unity

I recently received the latest Unity magazine in the mail and was thrilled. I have never seen such an amazing representation of the College, or been more proud of any publication sent out. Thank you for a job well done.

Kerri (Preble) Godfrey ’92
Milwaukee, Wis.

An Accurate Reflection of a Great College

When I received the Unity magazine I read it with great interest. What a super job you’ve done! I know the countless hours it takes to put together a publication similar to this scope. Unity is a great reflection of the dedicated students, faculty, and staff at Unity College. Thanks for the hard work.

Bill Childs ’71
Somers, Conn.

Hope for Haiti Benefit In-Keeping with Unity’s Mission

The recent Hope for Haiti benefit concert at the Unity College Centre for the Performing Arts was not only a great concert, featuring Opera star Phillip Mentor and Grammy Award winner Paul Sullivan, but was in-keeping with Unity’s mission. Unity has always sought to graduate individuals who will pursue public service in some capacity. UniTel Incorporated was proud to co-sponsor this event with the College. Bravo Unity!

Jayne Sullivan
Unity, Maine

Praise for Unity’s Direction and Professionalism

I would like to thank the Unity magazine team for portraying what I feel is a more accurate picture of the College and its proper place in the world on the cover of the latest issue.

The picture showed pond sediment coring work carried out on Unity Pond in winter by Kevin Spigel’s environmental citizen class.

Kevin is a very well-trained and active paleoclimatologist. He is a geographer and earth science professor who has his students pursue research in regional paleoclimate. This is exactly the kind of citizen science and science education studies that all colleges and universities should be doing right now.

These students will benefit from the hands-on experience in many ways. They will have a deeper, more permanent, comprehensive and flexible knowledge of climate change. They will also have a greater disposition to see it as a problem that they, as citizens, should and can do something about. They will have better basic science and thinking skills in analysis, objectivity, and reporting.

Most importantly, they will be empowered to make change happen. Knowledge, skills, and dispositions are the three legs of the educational stool. Take away any one, and the stool falls down.

Mick Womersley, PhD, Associate Professor
Unity College

A Unity Education is Life Changing

I began my time at Unity in the summer of ’79. I attended for two years before entering the military. Though I never was able to return to Unity because my travels led me to Colorado and then Alaska, I will always remember that I had some of the best times of my life at Unity.

The education I received at Unity was the very best. I have been a commercial fisherman in southeast Alaska for nearly 20 years. I fish for salmon, halibut, shrimp and crab. Many times while sitting in my Captain’s chair I think of the times I had at Unity and the friends I made there, and I know Unity College has a special place in my heart.

Tom Perkins ’83
Sitka, Alaska
Maine Arts Camp
New addition to Unity College Campus
By Kate Grenier

Visitors to Unity College during the summer of 2010 will find a campus brimming with activity. Gone will be the days of summer when the sound of lawn mowers and rustle of leaves in the trees seemed to be the height of activity.

The Maine Arts Camp will be on the Unity College campus from July 1 until August 10, 2010.

Formerly known as Bethel Camp for the Arts, during the fall 2009, semester officials from the camp and Unity College announced their agreement.

“The camp had reached the point where it required a larger campus with additional amenities,” explained Maine Arts Camp Director Rick Mades. “The move was carefully researched, and we see great promise for this new partnership.”

“We visited six schools and just felt at home at Unity College,” Mades added. “The feeling was intangible. It felt like this was the place our camp belonged. We are very excited to move to the next step in the growth of our camp. We will be part of the Unity community, partnering with people who are committed to many of the same principles as we are. We look forward to adding environmental education as a camp activity, and to the greening of Maine Arts Camp.”

Kate Grenier, Unity College alumni relations and events coordinator, considers the camp to be a perfect fit.

“Our sprawling, scenic, and safe rural campus along with its green amenities is what camp officials were seeking,” Grenier said. “We expect to meet and possibly exceed their expectations.”

Maine Arts Camp participants will find a campus with “green” amenities in a beautiful summer setting that compliments their endeavors. The Unity College Centre for the Performing Arts will also serve as an exceptional performance space, while Field of Dreams with access to Unity Pond will delight campers.
This year marks the start of a concerted effort by students, staff, and the art faculty to make art more visible on the Unity campus. Students in the spring semester class entitled Public Art on the Unity Campus, embarked on an ambitious effort to generate pieces that will engage and delight much of the Campus community.

There are already some early signs of life. A ceramic mural hanging outside the entrance to South Coop depicts the world as interpreted by Randy Fein’s advanced pottery class. Another mural piece is displayed in the courtyard of the cafeteria, this one constructed of bright plastic components made from bottles gleaned from the local recycling center by the art of stewardship class taught by Cindy Thomashow and myself.

There is also a growing collection of slate and aluminum tile attached to both Coop buildings that depict various insect, animal and plant specimens as a reminder of the place in which we live and the modes that we use to examine our surroundings. A series of life-sized deer mounts are underway and destined to be hung outside in another nod to a strong aspect of the Unity culture. Instead of the expected taxidermy, these mounts are constructed of riveted aluminum. These last three works have been made by students as part of an effort to make something from very little, as the materials are found or inexpensive, and can counter to the perception of public art as a wasteful luxury.

During the past year, Unity hosted two workshops on The Art of Stewardship in which artists, art professionals, scientists, students, staff, and faculty came together for a day of discussion and collaborative art-making. The workshop in October 2009 resulted in several temporary pieces, among them a sundial stacked head-high from wooden cutoffs supplied by the Unity Woodsmen’s team, a collaborative mural that hung briefly in the gym, and a procession of plastic grocery bags deployed as consumer culture prayer flags.

In our first meeting of the class, students questioned the supremacy and ubiquity of the stone and metal monuments that comprise most of our public art, and they suggested instead that we experiment with a whole spectrum of materials and durability. Some art pieces will exist only for a few minutes, and others will endure for years.

Many of the pieces underway and in the future will use recycled and repurposed materials. This is squarely in keeping with the College’s bootstraps history and its evolving ethic of creative sustainability.
I’ve heard on several occasions that sometime during evolution, we humans developed lactic acid build-up in our muscles. You may have experienced such exhaustion during exercise. Despite how much truth there may be in this matter, one can watch this in action at the Willard Climbing Wall, as intrepid Unit-Y climbers climb, cling, grunt, sweat, and deny extreme discomfort created by the lactic acid pooling in their muscles.

Gazing back over the past 10 year lens of informal climbing history at Unity College, we’ve seen a consistent, eager surge of new climbers learning the ropes, basic skills, and techniques of modern day climbing. The Willard Climbing Wall, managed by Nancy Zane, assistant director of the Outdoor Adventure Center, attracts nearly three dozen climbers on some nights. Professor Jerry Cinnamon and Associate Professor Mac McInnes teach climbing courses to approximately 30 novice climbers each academic year.

So why are Unity students so interested in climbing, a demanding sport with often abstract, solitary moments of reward?

Maybe Unity students are more earthy, connected to its pulse. Our early primate ancestors climbed trees to get away from predators, so one could imagine we have a hidden, innate, and primordial sense or desire to climb.

Another answer could be the intrinsic and extrinsic values gained by climbing: a full-body exercise for all demographics, artistic expression of movement, and a fun way to quickly build lean muscle while losing weight.

“It’s challenging” says non-traditional student Dale Pitre ’11. “I never thought in my life that I would rock climb. When I first made it to the top, I realized then it was not the destination, rather the journey that was so powerful for me.”

While reclining at my work desk and enjoying a great view of Maine’s western mountain at sunset, the climbing dreams come. I dream of winter ice climbs, cold weather, wind, and waist deep snow. Distracting my pleasant view is a striking photo of the Maine Line. The infamous three hundred foot vertical ice formation of bright white that consumes Mt. Kineo on Moosehead Lake each winter. Moosehead Lake snowmobilers and ice fishermen/women know exactly what I’m talking about.

Let’s face it, all of us seek challenge in our lives. It makes us feel alive.

Members of the Unity College climbing community may be intrepid, but they place a high priority on safety, training, and careful planning. They also value the concept of leaving no trace, ensuring that they leave their climbing sites precisely as they found them.
Guests Bring Real World to Campus

By Diane Murphy, Professor

The faculty and staff at Unity College take the idea of an open classroom to heart. One result of this openness is that students have many opportunities to learn from a wide range of guest speakers.

Students often have opportunities to meet professionals in their fields of study. One example is Lee Kantar, a biologist from the Maine Department of Inland Fisheries and Wildlife, who led a session on chronic wasting disease for the wildlife techniques class. Conservation law enforcement students benefitted from a presentation offered by Joyce Oreskovich, the chief labor attorney for the state. George Lapointe, commissioner for the Maine Department of Marine Resources, has offered his expertise to the natural resource policy class.

Speakers have proven to be valuable contacts for internships and future employment. Marc Payne from Avian Haven in Freedom has accepted many Unity students as interns in his bird rehabilitation facility.

Several students landed opportunities to work on projects in South Africa after being introduced to Dr. Wouter Van Hoven from the University of Pretoria, who heads Eco-Life Expeditions.

Guest speakers have also opened minds and encouraged dialogue about social and political issues. Charlie Diviney and Margaret Micholich of the Restorative Justice Project of Maine led the interpersonal relations class in exercises related to their work in conflict resolution.

One of the best attended events last year at the College was the panel forum on same sex marriage organized by Professor Jim Horan. He invited pastors Rick Carver and Bill Cripe to present their reasons for supporting the referendum to overturn the gay marriage legislation approved by Governor John Baldacci of Maine. Margaret Beckman, a First Universalist pastor, and Penny Guisinger, a private citizen from Trescott-Township, represented the opposing point of view. This was the first time some students had participated in a public debate about a ballot issue.

These examples offer a tip of the hat to just a few of the many visiting speakers who have impacted student life in a positive way.

Training is Serious Business for Search and Rescue Team

Arguably no other club at Unity College has a more serious purpose than Search and Rescue (SAR). At a moment’s notice members may be called to participate in searches for individuals lost in remote locations. The physical and mental requirements for membership in SAR are demanding.

The SAR team regularly trains both on campus and in rugged terrain including Camden Hills State Park in Camden, Maine. The objective is to be ready when the call comes to participate in a wide variety of rescue scenarios. A majority of SAR members are focused on career tracks that require rescue skills, however that is not always the case. Some highly committed SAR members were simply intrigued and became involved.

The faculty advisor for the SAR team is Associate Professor Mick Womersley, a former member of the elite Royal Air Force Mountain Rescue Service in Great Britain.
And for Something Completely Different... Gary Zane Stopped Long Enough to be Interviewed
By Barbara Peabody '11

If people were widely likened to dogs based on their personality type, Dean for Student Affairs Gary Zane would be something wild, high strung, and unstoppable: I’m thinking American Foxhound or Boston Terrier.

He stopped long enough for a brief interview, squeezed into his busy day. No treats were required, only a promise of accuracy.

Zane has held his current position for the past seven years, during which Unity College has seen some of the most significant changes in its history. Prior to that, he served as director of athletics, a position he held for 15 years.

Zane’s academic credentials shine, not from a shock that he was able to earn them, just that he sat still long enough to do so.

Well respected and liked by the student body, faculty and staff, he has made the College his home. His children basically grew up on campus, where his wife Nancy works as the assistant director of the Outdoor Adventure Center. He met her soon after moving to Maine in 1981. They live in Freedom and have two college-aged sons.

For an ever accessible, down-to-earth man who is widely considered the life of the party, Zane’s academic credentials shine, not from a shock that he was able to earn them, just that he sat still long enough to do so. He holds two bachelor of science degrees, one from Penn State University, and an environmental science degree from Unity College, class of 1983. In his spare time, he enjoys bicycling, and cross country skiing, as well as most other sports.

A musician, Zane is co-founder of the unofficial faculty and staff band, the Pacemakers, in which he plays guitar and sings. You may have enjoyed his band at the annual Unity College Beach Party, where the Pacemakers have traditionally played for the past 15 years. The band plays classic rock, but Zane enjoys everything from reggae to bluegrass.

Who would have guessed that Zane likes to read historical fiction? His persona is more *Sports Illustrated* than F. Scott Fitzgerald. His favorite authors are Larry McMurtry and Cormac McCarthy. Interestingly, for a man who devotes much of his professional life to making peace within the student body, his favorite color is orange, which traditionally clads prison inmates. His favorite food is of the common variety: pierogies (Why not lobster? Filet mignon?).

Zane’s favorite quote is “Be excellent to each other,” from *Bill and Ted’s Excellent Adventure*, which seems appropriate for a high profile college administrator who moonlights as a rock star.

William Knight Found the Perfect Place to Start His Career

By Hannah Kreitzer ’12

When William Knight ’11 was considering the best path to help him reach his law enforcement career goals, he asked a Maine state warden the best way to move forward. The warden’s advice was to get a conservation law enforcement degree from Unity College. Knight took the warden up on his advice and has since established his place at on campus.

As the Westview first floor resident advisor (RA), an athlete and student, Knight leads a busy life. He wouldn’t have it any other way.

“I like Unity College,” he explained. “This college allows you to make discoveries through hands-on learning and flexibility. I have had countless opportunities to choose the direction of my academic path.”

In his second year as an RA, he says he enjoys the job because “I like being able to have people come to me for advice.” He also enjoys organizing activities and floor programs for his residents. Often Knight helps to create activities that bring students with wildly different backgrounds together. The process is rewarding and feedback is immediate.

“I love the way that the Unity community embraces those who have vastly different environmental perspectives,” he said.

Ashley Sutton Brings Personality and Wit as Resident Advisor

By Hannah Kreitzer ’12

For most college students, the first task of a college career (aside from unpacking) is finding a niche, or place of comfort. For Ashley Sutton ’12 an outgoing personality made that task a snap.

A “can-do” person, Sutton carved out a niche on campus by diving in feet first. Her dedication to the community has always been evident, none more so than in December 2009. That is when she claimed two awards for her work with local nonprofit Last Chance Ranch during the Student Conference, which showcases student projects and research each semester. For this project she helped the equine rescue facility lay the groundwork for a therapeutic riding program serving at risk youth.

Her commitment to the College community carries over to her duties as the resident advisor for Eastview 1st Floor. She enjoys her opportunities as an RA to stay involved with the social scene on campus. “The hallway is always so alive with people,” she explains. “If I weren’t an RA I would probably be living off campus and I think I would miss the chance to be involved with the community right here in the dorms.”

Sutton enjoys the close-knit Unity community and the chance to know her peers on a more personal level than would be available at a larger college.
Affecting Lives and Achieving Positive Outcomes Requires Sweat Equity and Sacrifice

By Cindy Thomashow, Executive Director, Center for Environmental Education

Unity College prides itself on the development of young women destined to become leaders who will make a difference. This article profiles two Unity women who are role models in environmental leadership and social change. We are grateful for their leadership, vision, and selfless dedication to their work.

Martha Dolben and Eleanor Briggs are close friends. Both women are Unity College trustees and so, are good friends of the larger community as well. Briggs and Dolben spend time on-the-ground helping to solve formidable global problems. Dolben works in Uganda, Africa, training young women who become ‘transformational leaders for change’ in a culture where women are expected to remain silent, homebound, and subservient. Eleanor Briggs photographs endangered wild bird populations in Southeast Asia, educating the public and organizing critical conservation efforts to save essential habitat. I had the privilege of traveling with them to their places of work and witnessing the strength of their voices and their actions.

Dolben is the Chairperson of the African Food and Peace Foundation, a United States organization supporting the Ugandan Rural Development and Training (URDT) Program in Kigadi, Uganda. For 20 years she has traveled to URDT to work with African colleagues and students. When I arrived on the URDT campus, sore and tired from a long trip over muddy pot-holed roads, I was embraced by a thriving, well-organized campus full of friendly and welcoming people. The landscape was surprisingly familiar, farmland and granite outcroppings.

Sustainability in Focus

Students were sitting around eating, talking, and playing music. Sustainability is clearly embedded in this campus, from companion-planting of organic crops and animal husbandry to feed the campus, solar panels on the rooftops to run radios, to greenhouses and bio-gas production. I immediately felt a connection to the Unity mission and campus.

Every day brought busy people streaming onto the 80-acre campus of URDT seeking services, knowledge and counsel, knowing they would find hope and opportunity there. URDT actively helps individuals, families, and villages bring themselves out of poverty by recognizing their own ability to make the change they want to see in their world. URDT is not about hand-outs. It is about hard work creativity, and believing in one’s ability to make life better by gaining skills and education and learning to work together. Most of the 600,000 people who live in this verdant, rural area subsist by farming. Most of these people are uneducated, lack clean water and basic sanitation, endure insect and water-borne diseases, domestic violence, and deadly land disputes.

URDT is about hard work, creativity, and believing in one’s ability to make life better by gaining skills and education and learning to work together.

Forging Ties to Africa

Musheshe is the CEO of URDT and received an honorary doctorate from Unity College for his work in environmental change and social justice. Dolben has worked with Musheshe to develop the Rural University for Women on the URDT campus, the first ever African Rural University (ARU) for women. Dolben works directly with the ARU students and the faculty, training them in communication skills, visioning, organization, development, and leadership. Rescuing women from an oppressive society and transforming them into powerful leaders is no easy task. Dolben, the author of several books on leadership and learning circles, is revered and celebrated as an essential contributor to the success of this women’s educational program and to URDT.
Unity’s Environmental Concerns and Cambodia

In 1991, Briggs returned to Cambodia 24 years after her first visit, on an international birding expedition. She faced a country emerging from four decades of civil strife. Her goal was to identify endangered water birds on the ‘Great Lake,’ which was bordered on the north by the brutal Khmer Rouge. Cambodians suffered greatly from ravages of American bombs and a horrible genocide at the hands of the Khmer Rouge, a radical group that also mined most of the country.

Cambodia remains one of the poorest countries in the world. Our trip to Cambodia with Briggs — both viewing the killing fields and visiting the extraordinary countryside — helped me understand the courage and hardship she faces while tracking down endangered bird populations.

Though elegant and refined, Briggs is at home in the wild. She donned her ‘field outfit,’ threw her camera bag over her shoulder, and set out walking across the rice paddies to her observation post, scurrying up the ladder of a bamboo tree platform 30 feet in the air.

She works as a photographer for the Wildlife Conservation Society. By documenting bird populations in Tonle Sap, the largest body of water in Southeast Asia and the life-blood of Cambodia, she educates many about an ecosystem under duress. Committed to her environmental work, she slogs miles through knee-deep mud, faces down greedy bureaucrats intent on development, and braves mine fields and Khmer Rouge refugees.

Briggs and Dolben are two individuals who embody Unity’s core value of pursuing hands-on approaches to effect change in service to the natural world.
How does an organizational culture support and implement sustainability as a way of life? What is the relationship between sustainability and participatory governance? How do you use sustainability as a means to motivate, unify, and inspire an entire campus?

Benjamin Barber in his groundbreaking book Strong Democracy describes thin (or representative) democracy as a small group of elected officials making all of the decisions all of the time. In contrast, with strong democracy everybody makes some of the decisions some of the time. This makes good sense in a setting where all constituents contribute ideas, voice, accountability, and leadership to sustainable practices and policies.

On a college campus, the role of leadership is to promote free expression, listen to multiple constituencies, and then synthesize and integrate those voices into a collective vision. When this occurs, people throughout the organization see themselves as leaders in their own domain. Not everyone will always agree with every decision, but they will understand the reasoning and logic behind a policy, and hopefully contribute to its implementation.

Sustainability emphasizes the appropriate scale of action. Just as we emphasize an understanding of where our food, energy, and materials come from, so we have to understand how decisions get made, who contributes to them, and how they are implemented.

“Sustainability emphasizes the appropriate scale of action. Just as we emphasize an understanding of where our food, energy, and materials come from, so we have to understand how decisions get made, who contributes to them, and how they are implemented.”

correspondence between how we conceive both sustainability and governance at Unity College.

If leadership for sustainability comes mainly from the administration, the people may not necessarily follow. This is why sustainable practices must be built into the mission, master plan, and strategic plan. Otherwise, sustainability will be marginalized, trendy, and viewed as just another special interest.

Leadership at all levels of an organization provides meaningful support in dozens of ways: building sustainability initiatives into job descriptions and performance evaluations, setting curricular objectives, following reasonable but firm guidelines regarding procurement, commencement, transportation, and other aspects of events or operations.
At Unity we strive to develop a culture that is deliberative, consultative, accountable, and sustainable. Resilient democracy never fears transparency, cultivates diverse voices, knows when to take action, and sets responsible limits for those actions. There is a direct correspondence between observing nature and reflecting on our own actions, and that is where a sustainable planet meets a viable governance system.

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**Lawn and Garden Tips -- Fencing Ideas and Advice**

By Professor Doug Fox

How should consumers go about choosing fencing that serves their needs for privacy or retention (of animals, children) while fitting into an overall architectural and landscape design?

1. Assuming that they have already learned about local fence regulations (height, setback, etc.) what’s the first step homeowners should take if they decide they want to fence their property?

The first step is to decide the function of the fence. Is it there for privacy? Security? Wind or sun break? Answers to these questions will determine length, height, permeability, etc.

2. What’s involved in developing a plan that integrates the fence with their landscaping/home design? Is that something they can do themselves?

Matching the house and fence style is important. Oftentimes, a custom fence can be designed by picking up elements from the house such as siding or trim. Even subtle details like matching the angles of pickets to the roof angle will help to tie the fence visually to the house.

3. Are there some types and styles of fence materials they should avoid if their property is heavily wooded, is flat and barren of trees and shrubs, is straddled by other homes in the middle of a subdivision or falls into some similar category? (Maintenance, materials)

In snowy areas, all fencing will act as snow fencing. Fencing will cause blowing snow to accumulate in drifts on both the windward and leeward sides of the fence. Homeowners should avoid situations where the snow piles up where they don’t want it. The porosity of the fence is easy to calculate. If the fence is more than 60% porous, it will cause narrow, tall drifts. If it is 30% to 50% porous the drifts will be wide and shallow, with very little snow up against the fence.

4. If you are planning to landscape your home, at what point in the process should you be making fence decisions?

The first step in landscaping the home is to decide on the outdoor functions of the landscape, decide the arrangement of these functions and to allocate adequate space for them. The next step is to decide what types of vertical elements will work best to define those spaces, and this is where fences come in. Fences work well to enclose space, but they should be used in combination with other vertical elements such as shrubs and trees.

*Editor’s Note: much of this material informed an article that appeared in the Creators News Service, which provides content to Canadian print and electronic outlets.*
Living at Unity is a State of Being and Experiencing the World That Transcends Place

By Mark Tardif, Associate Director of College Communications
For years now, visitors to the Unity College campus have noticed that the stop sign at the bottom of Quaker Hill Road reads ‘Don’t STOP Lovin’. Though not condoned by the College, the message accurately expresses a spirit that permeates the community.

While that sign conveys a positive sentiment, the compass created by Student Affairs expresses specific themes. The values on the points of the compass are integrity, community, respect and environment. The Dean’s Cup competition, created by Student Affairs in 2008, helps to reinforce these core values.

An Unforgettable Experience, Exploring the Meaning of Environment

It has been suggested that Unity College is omnipresent for those who have called it home because it is both unique and transformative. Those who issue forth from campus bring the seed of the Unity experience with them into the world. Living at Unity is both the feeling one experiences with boots on the ground and, in a broader sense, how the experience shapes each individual.

Living at Unity is a state of mind, the impulse buried deep within an individual to experience, engage, challenge, and sometimes, roll the dice.

Living at Unity is about believing that growth and understanding are best experienced through sweat equity and with an open mind. People who live at Unity have daily experiences such as passing a class as students learn about setting animal traps.

Unity is about individuality and full membership in a strong, collaborative community.

“My personality has been able to ‘play out’ on a number of occasions by the opportunities that Unity has offered me,” said Kayla Bubar ’10, a sustainable design and technology major from Waterville, Maine. In addition to serving as an Admissions tour guide, Bubar has worked with Jesse Pyles, sustainability coordinator, to facilitate new campus sustainability initiatives and aid with ongoing projects.

She also joined The Humaniramitarians (refers to “human” + “ram” - Unity’s mascot - “…itarian … as in ‘humanitarian’), a College sponsored disaster relief group led by Professor John Zavodny and his wife, Director of Student Health Services Anna McGalliard.

Bubar travelled with the group to participate in recovery efforts in one tornado ravaged Centerville, Tenn. She also travelled with other students and President Mitchell Thomashow, to participate in the Clinton Global Initiative meeting in Austin, Texas, and during her final spring break before graduating participated in sustainability training at the Centre for Alternative Technology in Machynlleth, Wales.

More than anything living at Unity is about transcending the campus along Quaker Hill Road in Unity, Maine, and using it as a base camp from which to launch one’s personal journey through the jungles, plains, mountain passes, and savannas of life.

Creating a Collaborative, Warm Atmosphere for Personal Growth

The student and faculty relationship at Unity College is grounded in a form of mutual respect that transcends academics. Faculty are accessible in a variety of contexts and genuinely see students as whole individuals. It is common to see faculty eat lunch with students, attend sporting events, and participate in the lives of students.

Few colleges offer students such multifaceted access to faculty simply as an aspect of the campus culture. It is common to see Professor Pat Clark serve as a judge for residence hall competitions. President Mitchell Thomashow and Associate Professor Kate Miles, along with others, square off against students in basketball and floor hockey.

The responsiveness of Unity’s faculty to the strengths, goals, and expectations of students frames both student life and academics.

“The personal attention to students is what sets Unity College apart,” said Professor Doug Fox. “We offer opportunities and guidance to students based on our knowledge of their...
goals and capabilities – particular internships, research opportunities, travel to conferences, experience on committees, and grooming for graduate school."

When shopping for a college, Jessica Cote '11, a captive wildlife care and education major from Providence, R.I., thought Unity College to be the perfect size in an idyllic location. An accomplished, well-rounded individual, Cote speaks openly about how Unity’s atmosphere and supportive faculty have helped her to flourish and overcome a learning disability.

Professor Lois Ongley, Assistant Professor Doug Van Horn, and visiting Assistant Professor Sarah Cunningham drew special praise from Cote.

“They have been very helpful to me,” Cote explained. “They have all gone above and beyond what normal professors do and helped me to learn and succeed in their classes. Sarah always answered every question and gave advice to me. Doug would spend an extra two hours a week with me until I learned what I needed.”

“Lois would spend time asking me questions and made me feel better about myself by telling me that I just learn differently than others.”

Integrity and Community Complete the Compass

A philosopher once spoke about “sucking the marrow” from life. Truer words could not have been spoken about living at Unity.

There have been visitors to the College who seemed startled at what passes for common, everyday activities. One visitor was surprised to chance across a group of conservation law enforcement students beside a parking lot facing the woods in formation, unloaded pistols in hand, being led in a firing line exercise by Associate Professor Tim Peabody ’81, former colonel of the Maine Warden Service.

At any time during the day or night, campus activities are apt to rise above the ordinary. During one frigid weekday afternoon every March, dozens of students gather for the Polar Bear Run. Clad in swimming attire, the intrepid souls sprint across campus to the finish line for prizes and bragging rights. The event is but one among many sponsored by the Dean’s Cup program.

Caring, integrity, and support extends far beyond academics both on and off campus and are qualities that define Unity College.

On a brutally cold day with temperatures in the teens, several mechanics who had volunteered their services fanned out across campus to assist students. Their objective was to help
ensure that vehicles were safe and ready for travel. One car had virtually no fluids, several trucks had bald tires, and an array of other defects big and small were found and fixed. Some of these problems could have caused great inconvenience on the road or worse, posed a serious safety risk.

The opportunity for students to have their vehicles evaluated by professional mechanics on the eve of a holiday break free-of-charge was organized by Student Affairs. It was but one among the hundreds of activities organized each year to promote community spirit, safety, and well-being.

Student Affairs pursues a holistic focus, which in brief form seeks to address the comprehensive needs of each individual. Learning is enormously important but so are all aspects of what it means to live on campus and be a member of the community as a whole.

“We provide a great college for learning and living,” said Gary Zane, dean for Student Affairs.

Zane visits many colleges across New England and feels Unity compares well.

“Our residential facilities match up well with those found at most colleges,” he noted. “We provide quality housing and then compliment that with a full array of engagement opportunities for our students. I think we’ve been very successful with the various programs we have developed through the years.”
Never in the history of Unity College has a higher percentage of the student body lived on campus. Sixty seven percent of Unity students lived on campus during the 2009-2010 academic year.

A great deal of thought and effort is expended to create student activities that are diverse, constant and participatory. Students are enticed to the Student Center by games such as zombies vs. humans, music, events like the annual flannel formal dinner, and concerts. Success is an ongoing abstraction. If one type of event falls flat, a different kind of event is tried. Communication is key to this process, a give-and-take where student affairs tailors activities to suit the preferences of students.

With 33 student clubs and organizations and 16 athletic clubs and sports, along with Dean’s Cup activities, residence hall programming, special events, cultural opportunities, and social events such as Texas hold ‘em poker tournaments, students have many opportunities to be entertained, engaged and involved every day of the week.

“Our goal is for students to stay busy,” Director of Residence Life / Assistant Dean for Student Affairs Stephen Nason explained. “Whether it is screening fun movies in the Student Center or bringing in an expert to talk about caves, we aim to keep students engaged with each other and their larger community.”

For Jeanette LeBlanc ’13, a forestry major from Norwich, Conn., the epiphany about being a part of the Unity community is a spontaneous, organic experience.

“It’s that point when you’re doing something with your classmates, teammates, or even just your friends and you realize ‘This is where I belong. There is nowhere else I would rather be. This is my niche.’”

Gardens and Buying Local Are Source of Pride

By Marissa Smith ’12

It seems odd to mention but important to note that Unity College owns its dining services. In a corporate dining services era of outsourcing when such a move might be seen as the college and university equivalent of being Amish, Unity holds fast to approaches that keep sustainability front-and-center. Both dining services and organic gardens on campus are carefully planned, evaluated, and updated with an eye on adhering to the concept of frugal sustainability.

Keeping the management of dining services and organic gardens within the College yields valuable information.

For instance, in one semester students consumed 1,172 pounds of beef, 603 pounds of poultry, 296 pounds of pork, 225 pounds of ham and 300 lobsters. Dining services staff work closely with Sustainability Coordinator Jesse Pyles to minimize waste.

The result is an overall approach that satisfies diners and closely held values. Few colleges or universities obtain 35 percent of all their food, from french fries to chocolate milk, from local businesses. Also, when Unity diners make their salads, they take pride in the fact that four percent (that’s $6,200 worth) of what is on their plate is harvested from the organic gardens on campus.

Buying local and staying true to environmental best practices are points of pride for the entire Unity College community.
COMMUNITY

Means Day-to-Day Projects, Involvement and Being a Good Neighbor

By Amanda DiBiase ’10

It would be safe to say that Unity College is rooted to the environment. If that was not expressly what its founders, who were Unity area residents, intended then the path led to its current reality.

A common misconception, however, is how the College defines the word “environment.” The College does not simply deal in abstract terms, discussing the conservation status of the downy woodpecker.

There is a hands-on quality to college life that leads students to conduct sediment analysis of local streams, study traffic flow through Unity for a conservation law enforcement class, and generally balance real-world application of the subjects being studied.

This approach brings the campus community out into the world beyond Quaker Hill. Part of the hands-on approach is tied to academics but is also tied to instilling the values of the College community. Graduates are expected to go forth and make positive contributions to their communities. They also take a sustainability pledge at commencement.
Defining External Community

Unity College Vice President for College Advancement Rob Constantine says Unity defines “external community” by hands-on, collaborative ways that involve taking a value system of public engagement out into the world after commencement.

“When you look at the mid-Maine region, Unity College is very broadly involved in community service, from education to environmental affairs,” said Constantine. “Members of this community pursue a hands-on ethic as a core value of their educational experience.”

There was a time when Unity College was not as integrated into community affairs as it could be. Some community members saw the College as isolated, its students more a curiosity than community partners and neighbors.

That changed over time and at present, is far from both the perception and actuality of what community relations now means to the College.

Part of the improved integration of College life into community affairs may be directly attributed to the efforts of Unity alum Tess Woods ’95, executive director of the Unity Barn Raisers. The arrival of Constantine on campus was another step towards strengthening ties with the community.

Unity: Rooted in the Great Outdoors

When the Maine Turnpike was built in 1964, Unity residents were assured by state planners that it would pass right though the town. This could provide a needed economic boost. A funny thing happened on the day to destiny, Unity was nowhere near the final path of the turnpike. Instead, area residents founded Unity College. It was to serve as an economic engine for the region.

They developed a mission and curriculum that helped students become wise stewards of the natural world and community oriented individuals. The mission statement of the College goes so far as to state that students will become “responsible citizens through active learning experiences within a supportive community.”

Community enrichment can mean a lot of things. It can be as simple as picking up trash on the side of the road or volunteering for a day at a local soup kitchen.

The ways for Unity students to get involved are many and varied. From participating in community service to attending special events, opportunities to get involved abound.
In the Voice of Woodstock’s M.C. Chip Monk …
“Ladies and Gentlemen Ten Years After…”

John Sullivan, Director of the Unity College Centre for the Performing Arts

Bert and Coral Clifford’s dream to build a performing arts center in their beloved town of Unity was fulfilled on December 8, 2000. A packed house celebrated the opening and was entertained by the Al Corey Orchestra. From that night on, it has been one “non-stop flight” that has brought musical talents from six continents to Unity. From Vietnam to Cape Verde, Africa, the mountaintops of Switzerland to desolate outback of Australia, artists may be found who have performed at the Unity College Centre for the Performing Arts (originally the Unity Centre for the Performing Arts).

Highlights include Karla Bonoff’s stunning “pitch perfect” performance, the almost Beatle-like crowd response to the Von Trapp Children, the musical and visually brilliant performance of the African rainforest inspired sounds of Baka Beyond and the Gaelic Storm show which seemed like a scene right out of a great Irish pub.

Programming at the Unity College Centre for the Performing Arts (UCCPA) has always pushed the envelope and moved beyond predictability, offering engaging dance, dramas, lectures, and cinematic offerings in addition to music.

The entire Unity College and area community thank the Cliffords for their generous gift. Special thanks also to Pat Allen, who has always made the Centre look beautiful both inside and out through her care of the art gallery and landscaping talents. Jean Bourg, a pillar of the community and music scout extraordinary, and Jayne Sullivan (wife of yours truly) are two among many others who deserve thanks and praise for the first 10 sweet years of the UCCPA.

From its founding, the Unity College Centre for the Performing Arts has afforded the College and greater Unity community amenities commonly associated with venues located in large population centers or at large colleges and universities. The Centre serves a variety of functions, from meeting and classroom space to movie theatre and performance venue.

How does a college implement such a mission? For starters, the Unity College Centre for the Performing Arts in downtown Unity links area residents to the College. The programming is varied and eclectic, offering everything from lectures and documentaries to student-run plays. “We have a responsibility to provide programming for community enrichment,” said Constantine.

Exploring the Meaning of Community Enrichment

Community enrichment can mean a lot of things. It can be as simple as picking up trash on the side of the road or volunteering for a day at a local soup kitchen. Unity College students seek to take it one step further, connecting with the community in a way that affirms what being a part of the Unity community means: becoming a hands-on, dynamic participant in the world.

Students get involved. Some begin their involvement through classes such as community practices. In this class students are expected to perform at least five hours of community service a week, either through already established programs or connections they forge themselves. Constantine described it as a “huge, curricular-based approach to working with the community.”

During the 2008-2009 academic year, Unity students performed over 6,500 hours of community service. They logged 18,000 curricular hours of public service. For a college with fewer than six hundred students, that’s an astonishing amount of community involvement.

The Range of Projects is Limited Only by Individual Imagination

What kinds of projects are being pursued? The answer is diverse. Students and faculty alike participate in projects ranging from the weatherization of area homes to growing food in campus gardens to benefit the Veggies for All program.

Some students chose to spend their time working with a local horse rescue ranch, while others groom the community walking trails. Regardless of the project, students are clear about one thing, they want to help the Unity community.

Unity College was founded by the Unity area community and that influence is at the core of its value system. “The Unity area community is part of the fabric that makes Unity College,” said Jennifer Olin, community-based learning coordinator. One of the biggest projects she cited that underscored this message was the Veggies for All program.

The program, which aims to help alleviate regional rural hunger, recently found a home in the community garden located on the college campus.

Sarah Trunzo ’08 served as a community-based learning staff member and the 2008–2009 farm manager. She watched and nurtured the campus gardens to produce nearly two thousand pounds of produce for the local food pantry.

“Partnerships like this give students the chance to learn how to lead and facilitate (projects that benefit the area community),” said Trunzo. “We don’t want to just grow food for them, we want to grow food with them.”
A Track Record of Community Success

One of the most successful and notable community projects has been the Empty Bowls fundraiser. Now in its 16th year, the program offers a night of dinner and good company. In return for a handcrafted bowl made by students and local potters as well as a hearty meal of soup and bread, diners are asked to donate $15 to the cause. Proceeds benefit several Unity area philanthropic organizations.

“It’s part of this College, and it’s part of the vision,” said Olin.

Projects like this underscore another essential service provided by the college: donation of time and skill sets necessary to benefit the surrounding towns.

There is an academic component to some of the volunteerism that takes place too.

In November 2009 after concerns were raised about the potential chemical contamination of a community along the Kennebec River, Associate Professor Lois Ongley led a group of Unity students to study the controversy. A central question was whether the community was endangered by chromium 6, an essential mineral to the human diet in small amounts, but suspected to be a cancer causing agent at high levels.

Students collected and analyzed water samples. Their findings showed no detectable levels of chromium 6.

The good neighbor policy is modeled by professors, many of whom lead by example. They serve on boards and offer their expertise to cash strapped towns, serving as role models for what living a life of service is all about.

“Unity students are interested in the world, they seek out challenge, and are engaged in every way possible,” said Constantine. “Students leave Unity prepared, aware, in tune with their surroundings and the needs of their communities and the environment.”

Veggies for All Program Aims to Alleviate Area Hunger

By Sara Trunzo ’08, VISTA Community Based Learning Food and Farm Project Coordinator

Beginning next growing season, Unity College will welcome Veggies for All to campus. Veggies for All, a hunger relief project of the Unity Barn Raisers, aims to fight hunger in Waldo County by producing fresh, organically grown, and nutritious produce for residents who have the least access to healthy food.

Tim Libby, Veggies for All project manager, grows organic vegetables, which he passes along to the Volunteer Regional Food Pantry in Unity for distribution to clients. To do this work, Libby needs a permanent place for the project to set roots.

“Our project will benefit from a collaboration with Unity College, as it will serve as a permanent home for our infrastructure,” said Libby. “This project is designed to support and be supported by the greater community in a relationship that revolves around food and agriculture.”

Over the past two growing seasons, the Unity College Gardens, which provide produce to College dining services, have also provided approximately $5,000 worth of organic produce to the Volunteer Regional Food Pantry.

Jennifer Olin, community based learning coordinator, said that the relationship will help “solidify the growing partnership between the College and the Volunteer Regional Food Pantry.”

Unity Barn Raisers, which frequently collaborates with the College in its community enhancement work, is ready for such a development, said Executive Director Tess Woods. “We have a unique opportunity to pool organizational and community resources to support the critical work of the Volunteer Regional Food Pantry in such a way that could act as a model for communities facing similar challenges.” The project web site is www.vrfp.org.
Beyond Common Ground: Diversity At Unity

By Senior Vice President for Academic Affairs Amy Knisley

In the fall of 1966 the Unity Institution of Liberal Arts and Sciences held its first-ever semester of classes, taken by a group of about 40 students, many from New York City, many in search of an option to the draft. I try to picture it. Around them the nation struggles in the sweep of civil rights, anti-war and counter-culture movements. The last president assassinated and the current one beset; the Beatles lately arrived and Woodstock soon to follow; the Berlin Wall just built and Martin Luther King’s killing nearly here. Out from the noise arrives a group of city teens to a poultry farm in rural Maine, to drop their duffels in an old farmhouse and, suddenly, have something quite significant in common.
We’ve got geeks, rednecks, gamers, piercers, hunters, hippies, and animal rightists. Not to mention conservatives, liberals, moderates, pro-choicers, pro-lifers, Democrats, Republicans, Libertarians, and Independents. Into the mix are the working, middle, and upper classes; the urban and the rural; the gay, straight, lesbian, bisexual, and transgender. For a little environmental college in rural Maine, we are, yes, diverse.
This picture leaves much out and oversimplifies the rest, but serves our purpose here. Against a roiling backdrop of bitter differences, a small, new endeavor established in commonality of purpose—the college education—appears. Aply named, “Unity.” We each arrive here, now as then, from other places and points of view. And we arrive as one more part of the Unity College community, which is at least one thing we all have in common. It is a noteworthy thing to share—you don’t wind up in Unity by accident, whether as student or employee. If insignificant accidents, like proximity in the grocery check-out or on the airplane, can spark lasting relationship between strangers (both have happened to me, and I bet you have your own stories), how much more so the significant choice to spend several years and your best energies in this particular college at this particular spot on Earth! The place and its purpose unifies us.

And yet, we are hardly a homogenous bunch. Demographically, the student population of Unity has changed considerably of late. From 1991 to 2000 the number of students from southern states—all of those southeastern states yonder of the Mason-Dixon line, and Texas—ranged from a low of zero to a high of, well, five. In 2000, southerners accounted for 0.4 percent of our student body. Since then the number has steadily grown, to over three currently. The percentage of our students hailing from Maine has seen a trend of its own, hanging in there between 35 percent and 40 percent through the 1990s, then gradually slipping to somewhere below 30 percent today. During the 1991-1992 school year, there were about 3.5 male Unity students for every one female student. Fall 2008 saw the first entering class numbering more women than men, and the overall campus ratio officially reached 1:1 during this current school year. And that’s just gender and region of origin—the differences spicing our Unity stew reach deeper. Some students are a little older than most, some a little younger. We’ve got geeks, rednecks, gamers, piercers, hunters, hippies, and animal rightists. Not to mention conservatives, liberals, moderates, pro-choice, pro-life, Democrats, Republicans, Libertarians, and Independents. Into the mix are the working, middle, and upper classes; the urban and the rural; the gay, straight, lesbian, bisexual, and transgender. And let’s not forget the veterans and parents (dual and single), nor the husbands and wives. Introverts, extroverts, good at-math, better at writing, rather befishing; bad at-speaking-up, bad at-thinking twice; wishing-I-were-better-at…. For a little environmental college in rural Maine, we are, yes, diverse.

“Diversity” is a relative thing. From the vantage of our national history, the most important elements of diversity have arguably been race, ethnicity, religion, and nationality of origin. Rich diversity along these axes is not a particular hallmark of northern New England, nor of Unity College, but this hardly entails uniformity. It’s one thing, though, to recognize the nature of our diversity, and quite another to understand that diversity’s value. What’s good about it? The answer is less obvious than one might hope. What is not-so-good, even threatening, about diversity is perhaps more obvious. Sameness signals safety, and we join much of the rest of the animal kingdom in being wired to distinguish, quickly, those who are like us from those who are not. Commonality along cultural parameters, such as political leanings and sense of style, can be enormously reassuring, and differences along those lines—even when merely suggested, and unconfirmed—can inhibit interrelation and even provoke animosity. When aired, such differences can divide us, sometimes passionately. Here on our campus and others in Maine, a state referendum on the legality of same-sex marriage last fall occasioned strong, angry feelings on both sides of the matter, di-

The Safe Zone Program: Fostering an Accepting, Safe Campus Environment

By Professor Amy Arnett

During a session on diversity at the opening convocation of the spring semester, a female resident advisor told the group that she allowed a gay student to sleep on the couch near her room for a semester. He simply didn’t feel safe sleeping in his residence hall room due to a series of disagreements.

Whether a misunderstanding or symptom of a deeper problem, this incident pointed to the need for ongoing education to foster a supportive community for all.

Started in 2002, the Safe Zone program at Unity is similar to a successful national model.

The program works toward ending homophobia, heterosexism, prejudice, discrimination and negative stereotyping as these relate to the Lesbian Gay Bisexual Transgendered Questioning and Allies (LGBTQA) community.

The Safe Zone program is a voluntary opportunity for members of the Unity College community to participate in an hour and a half to two hour educational program that introduces them to various aspects of the lives and experiences of the LGBTQA individuals and community.

The primary goals of the program are threefold: to identify members of the Unity College community who are willing to be a safe and supportive contact for LGBTQA students, faculty and staff; to help create and maintain a sense of community and support among LGBTQA people and allies; and to provide various types of educational opportunities that expand both individual and community understanding of LGBTQA individuals and communities.

A student survey identified LGBTQA issues as a key to diversity. Our efforts to create a campus atmosphere of trust and respect continue.
rected at those on the other. Sometimes, these difference–driven debates morph us into warring tribes, rhetorically (or physically) sparring across great divides.

At such times we often seek “common ground,” something that we can agree upon. We can agree, for instance, that it’s better to have the legality of same-sex marriage sorted out by voting at the polls than by gunfire on the battlefields. But while common ground has clear value, it takes us back to commonality again. What about the differences? What about diversity, itself? If the virtue of commonality is that it helps us get along peaceably, what is the virtue of diversity?

First, note that the peace enabled by sameness is a shallow and limited one, since we’re, well, not all the same. The ability to tolerate difference is necessary, if not alone sufficient, for humans to leave behind our long-standing habit of oppressing each other. Second, we are naturally-occurring life forms and the benefits of diversity in our ways of life are analogous to those deriving from genetic diversity, promoting resilience, flexibility, and progressive adaptation to changing circumstances. Third, and probably most important for our college and others, active encounters with difference drives intellectual and moral growth. Diversity, embraced and engaged, makes us better and more capable individuals, and brightens our prospects of genuine peace and well-being within and between societies.

When I consider the role of diversity in higher education, I do so in light of an important but little-known experiment. In response to the deadly 1994 shootings at two Boston reproductive health clinics, six leaders from the pro-choice and pro-life movements—three from each side—began meeting in secret. Organized by the Public Conversations Project, a national nonprofit, these conversations continued privately until 2001, when the six participants published an article on the experience in the January 28 Sunday Boston Globe—a date selected to coincide with the anniversary of the Supreme Court’s landmark Roe v. Wade decision in 1973. The talks expressly did “not aim for common ground or compromise.” Instead, the aim was “to build relationships of mutual respect and understanding” through open communication “with our opponents.” What was learned? First, that the divide is deep and impassable: “We saw that our differences on abortion reflect two world views that are irreconcilable.” But, second, that talking with each other, even across the divide, was genuinely productive. Each had to encounter and integrate the “dignity and goodness” of the other, gradually replacing a caricature with a whole person. Sustained discussion of the viewpoints “made our thinking sharper and our language more precise,” and while all participants came away “firmer” in their positions, they also “learned to avoid being overreactive and disparaging to the other side and to focus instead on affirming our respective causes.” As leaders in their respective movements, they came away from the experiment dedicated to promoting civility and compassion within the abortion debate.

Intellectual and moral growth, building a road away from violence beget by intolerance. A college should only hope to foster such things! At Unity, 45 years after that first semester, the spirit of harmoniously housing differences is well and alive. And yet, the depth of effort necessary for deeply committed foes in the abortion debate, simply to talk and to listen, illumines the growth we as a community still have before us. Divides within the campus emerge from time to time, and when they do, I invite us all to seek them out, and start a conversation with whoever’s across the gap. Perhaps having in common a willingness to talk, is all the commonality it takes, to reap diversity’s many benefits.


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**Revamped Made-to-Order Station a Nod to Wellness, Inclusive Approach**

Food is a lot like politics, everyone has a preference and usually feels their choices are better than the alternative. Each year dining services respond to feedback from the College community. This leads to changes such as buying more local ingredients and serving greens grown in campus gardens.

One improved aspect of dining services for the 2009-2010 academic year has not only been a hit, but highlights the inclusiveness sought by dining services. Diverse perspectives and preferences are valued.

Each breakfast, lunch and dinner, the revamped Border-to-Border, made-to-order dining station is brimming with activity. Two familiar individuals who make meals to order at the station are Food Production Manager Paul Munro and Prep Cook Dave Hubbard. Breakfast features eggs to order, waffles and omelets; lunch is one or more ethnic dishes; and dinner features sandwiches.

The station and special events such as the annual Hunters & Huggers theme dinner, with a menu consisting locally grown foods, underscore the importance not only of variety, but validating different perspectives. Unity College dining services really is a place where meal lovers and vegetarians find common ground.

“We have made the cafeteria a place where students like to be,” said Munro.

“It is a safe haven where all are accepted.”

Munro sees the buy-local approach as reflecting the values of the College.

“The goal is to reduce our carbon footprint each year,” said Munro. He added that 35% of food served in the College-owned cafeteria is grown or harvested locally.
Health and Wellness Center
An Open Door for Comprehensive, Holistic Support

For traditional aged students the college years can be some of the most productive and rewarding in their lives. They can also be among the most challenging, stressful, and draining.

Unity College pursues a wellness model designed to engage the entire campus community and encourages a comprehensive approach that includes the elements of a Wellness Wheel: environmental, physical, spiritual, creativity, social, and psychological.

Though all aspects of campus life are linked to wellness, the Health and Wellness Center is solely devoted to addressing physiological, psychological, and related wellness issues. Director of Student Health Services Anna McGalliard and Clinical Counselor Julie Johnson work in close collaboration because often physiological symptoms may be related to psychological factors, and vice versa.

Pursuing a Holistic Approach

When speaking about their roles and approaches, McGalliard and Johnson are steadfast in stressing that confidentiality is the bedrock upon which the Health and Wellness Center is constructed. In keeping with the importance they place on confidentiality, they stress that the examples they offer of pursuing a holistic model are merely collages, pieces designed to explain, not examples drawn from any one case they may have addressed.

To understand the quiet but enormously important roles that McGalliard and Johnson fulfill to help the student body, one must first understand the interplay between the two. A student with a physiological complaint such as stomach pains, may actually be suffering from stress, panic or some other psychological issue that manifests itself through physical symptoms. The relationship works both ways, since Johnson sees students for counseling who need monitoring or evaluation by McGalliard. For instance, it is not unusual for a student suffering from anorexia to require a physiological evaluation as an aspect of the counseling services they receive from Johnson.

The close working relationship between McGalliard and Johnson ensures a holistic approach is carried out in every
case. In basic form, the holistic approach includes examining comprehensive factors that affect health and well being.

“In our work, it is important that we help students to look at their lives in a comprehensive way,” said Johnson. “We may suggest medication for stress or yoga to help them sleep. We actually see health services as an extension of college life and another area where students can be critical thinkers and make informed change in their lives. We set out to introduce them to different ways of seeing problems and to help them build skills and find resources that can strengthen their health and their sense of themselves.”

Connecting to Community Relates to Good Health

When considering the host of issues requiring the comprehensive help that the Health and Wellness Center provides, the social aspect of how a student is fitting into the campus culture is a common root cause of difficulty.

“When you look at a whole person and what makes a person healthy, part of it is just being connected to a greater community where you feel included, have a sense of purpose, and are supported by friends,” McGalliard explained.

Johnson says that a critical part of mental health can be developing a connection to one’s community. When a student is new and unsure of their place in the community, it can foster a sense of aloneness. The Unity College Wellness Committee and other groups make a perennial effort to provide programming and host events that invite students into community life.

Working Together with Common Purpose

McGalliard pointed out that the medical model evaluates and seeks to treat symptoms, but emotional health is tied to the bigger picture.

“A more traditional definition of health is having good vital signs, good blood pressure, being active, having good nutrition, all of those are pretty obvious aspects of health,” McGalliard noted. “When I think of wellness, I think of a more general sense of well being involving relaxation, good nutrition, good friendships, in addition to being physically healthy.”

During the nine years that McGalliard and seven years that Johnson have worked at Unity College, the holistic approach has become steadily more integrated, reflecting changes in the broader medical community.

McGalliard and Johnson Inspire by Example

At high noon on a snowy day when sound is muffled and heads bowed to endure the trek between buildings, Director of Student Health Services Anna McGalliard and Clinical Counselor Julie Johnson emerge from the Health and Wellness Center for a near daily ritual.

They joke, laugh, greet students, and exude an in-the-moment joy.

Few on Unity’s campus practice the wellness lifestyle which they encourage with more zest and delight than McGalliard and Johnson. On this day the activity is snowshoeing in the campus wood lot. Another day brings additions to their noontime exercise group for cross country skiing, Dean for Student Affairs Gary Zane and his wife, Nancy, who is the assistant director for the Outdoor Adventure Center.

The same easygoing personalities, friendly demeanor and accessibility that make the Wellness Center a calm harbor for all also frame how the student body views both McGalliard and Johnson. It was not by accident that McGalliard was voted by students to offer the sapling to each 2009 graduate, an honor reflecting a mix of respect and connection.

On any given weeknight one might find them with friends at a community fundraiser for a Unity area food pantry, or attending a Unity College volleyball game. McGalliard plays banjo and sings in a band with her husband, Professor John Zavadny, and Sara Trunzo ’08, VISTA community-based learning food and farm project coordinator.

For McGalliard and Johnson, pursuing an array of activities, interests, friendships, and interpersonal connection balanced to achieve wellness is not merely a guide for their professional lives, it is who they are as individuals.
Collaboration and the Referral Process

The referral from McGalliard to Johnson might be based on a scenario such as a seemingly healthy student complaining of chest pain. That student has no history of cardiac or psychological problems, and the physiological examination is normal. McGalliard delves into the stress and worries of that student and realizes that stress, not a physiological problem, is causing the symptom. That is when Johnson is consulted.

“Let’s say a student comes in with symptoms of depression. ‘We look at how long this has persisted, and what it looks like when the student is feeling more like themselves, happier,’” Johnson said.

“Sometimes we may look at active ways to treat depression without medication, unless the student is interested in consulting with our psychiatric nurse (Unity contracts for periodic visits by a psychiatric nurse) about depression medication,” said Johnson. “Many students want to try to reduce symptoms with interventions that don’t involve medicine.”

OAC and Wellness Programs, Supporting Adventure and Fitness

By Nicole Collins ’00

Have you ever heard the call of the wild? Most members of the Unity community have and answered it. Usually that means a stop by the Outdoor Adventure Center (OAC).

Like an old maple responding to the changing seasons, the OAC shifts in appearance. Seasons are marked by different preferences. A clear winter sky after an evening snowstorm attracts a steady stream of cross country skiers clad in colorful, sleek lycra attire, waiting to check out equipment. The spring melt attracts canoe enthusiasts who soon are out shooting the rapids. Just about every other form of outdoor activity is addressed by the OAC throughout the year. Spring and summer seasons bring out canoes, kayaks, backpacks, and sleeping bags. Fall is a time for reconditioning backpacking stoves, sealing tents, and unpacking the warm and layered clothing necessary for the unpredictable Maine weather (no matter what the season).

The OAC has long been the equivalent of catnip for individuals who lead active lifestyles. They are ultimately drawn to take part in what the OAC offers. In recent years with Unity’s focus on wellness for every segment of the community, it has become a resource for encouraging novices, dispensing advice, and issuing praise.

Unity’s wellness profile does not stop with adventure. Activities across campus sponsored by the Wellness Committee include meditation, aerobics, belly dancing, and walking groups.

No matter what the season, interest, or objective, every member of the Unity community will find a way to reach his or her wellness goals.

Promoting Wellness, Changes Over Time

Both McGalliard and Johnson have seen changes in the student body in recent years. Advances in medications and treatments have made college accessible to individuals with psychological diagnosis, and the greater college community has responded to accommodate these individuals. Training sessions have been held for faculty and staff to provide specific support and be made aware of psychological issues some students may have. For instance, students with Asperger syndrome have flourished at Unity.

Asperger syndrome is an autism spectrum disorder, and people with it show specific difficulties in social interaction, along with restricted and repetitive patterns of behavior and interests. It differs from other autism spectrum disorders by its relative preservation of linguistic and cognitive development.

One great leap forward for wellness and the holistic approach came in 2005, when a number of Student Affairs employees attended a professional conference that highlighted ways to develop a campus connected to wellness at every level.

The Wellness Committee was created in 2006 and is currently chaired by Chris Kein, director of athletics. As with every department on campus, the Health and Wellness Center incorporate sustainability as a core principle into day-to-day operations.

By pursuing a holistic approach to wellness, McGalliard, Johnson and the entire staff at the Health and Wellness Center are encouraging their clients to pursue balanced, healthy, sustainable lifestyles.
A Successful Event Ends Its Long, Fruitful Run

By Rob Constantine, Vice President of College Advancement

Early this year, Unity College announced the decision to cancel the annual Fishing for Tuition Tournament and the Get Hooked on Unity Weekend. While recognizing that this has been a fun event for families and employees alike, we considered the impact on our financial aid delivery and our limited personnel resources in making our decision.

Another important reason reflects the success the College has had in developing alternative revenue through summer programming. This was identified as an area in need of improvement by our accrediting agency. It is also crucial to Unity’s financial future as we strive to deliver the Unity experience while keeping our tuition among the lowest in the country for a private college. Unfortunately, our success in attracting Maine Arts Camp to the campus means that the college doesn’t have the ability to host the tournament as it has existed in the past.

Unity is a unique place. The Fishing for Scholarship Tournament reflected the diversity of ecological perspectives within the community. Our administrative decision to cancel the tournament doesn’t mean that we won’t continue to seek other ways to honor this unique thing about Unity in other events that we are able to organize. As this magazine illustrates, the tournament was only one of the once in a lifetime experiences that comprise the overall Unity experience!

On February 23, we discussed the tournament at a CommUnity Meeting. With input from alumni, students, and employees, we hope to identify other ways that the College can continue the spirit of this event.

Career Services by the Numbers  A Window on the World

For Unity students the Career Resource Center is a window on the world. Internships and job leads often take shape in this office. Each semester the office received interesting feedback from students about their adventures, achievements, and jobs landed. Some interesting statistics come to the forefront, such as these:

- **Hours worked during summer of 2009**: 40,000
- **Internships pursued during summer of 2009**: 111
- **Foreign countries Unity interns were placed or which hosted study abroad opportunities**: 25
- **Interns who worked at a zoo**: 14
- **Interns who worked at a park**: 8
- **Interns who taught climbing as part of their internship**: 4
- **Interns who worked for a whitewater rafting company**: 2
- **Interns who worked with monkeys**: 1
- **Number of hours Nicole Collins spent ensuring all went well**: countless
In February, Unity College hosted students from Maine for the Sustainability Training Institute. Building on the successes of Unity’s Neighbor-Warming-Neighbor community weatherization program, the Institute focused on sustainability outreach to local communities.

Nearly 30 students attended the two-day training, which featured tracks in greenhouse gas emissions accounting, building weatherization, and assessing renewable energy opportunities. Doug Fox, director of the center for sustainability and global change said of the institute, “Wherever citizens gather to plan for community sustainability, we want students to have the capacity to take a place at the table.” Fox and Community-Based Learning Coordinator, Jen Olin, were part of the Institute’s planning committee, which also included members from Bates, Bowdoin, Colby, and Maine Campus Compact – a statewide consortium that supports civic engagement, community development, and service partnerships at Maine colleges.

A limited number of students were handpicked from their schools for this first year of training. Participation was encouraged by colleges in the Maine Green Campus Consortium in hopes that student efforts would be supported at their home institutions. “We expect the students who attended the training to use opportunities like internships, weatherization programs, and term projects to take what they learn at the Institute and use it in the community,” Fox said. Four sessions prepared them to do just that.

Session one introduced ways in which college students can become engaged with local communities on issues of climate change and energy security.

Session two explored primary tools and techniques for conducting greenhouse gas (GHG) emissions inventories and implementing building weatherization programs. A GHG inventory is often an important first-step in community climate action planning, documenting the sources of climate change emissions like carbon dioxide, and providing a baseline profile against which to measure progress. Building weatherization programs can be the most cost-effective strategy for reducing climate impacts, and often engage a wide range of community members.

Session three at the Institute provided an overview of renewable energy and energy efficiency technology. Workshop attendees discussed solar photovoltaic, solar hot water, wind energy, geothermal and other energy systems, assessing site criteria, costs and payback periods for each. Regional experts in the field were on hand to present and answer questions.

The fourth and final session presented management and leadership techniques to integrate sustainability programs into communities.

Based on the success of the 2010 sustainability training institute, organizers plan to expand the program next year, offering more students the training necessary to be sustainability advocates on their campuses and in their communities.

Sustainability has become a core value of the Unity College community. Special events, classes, and community forums explore the ways in which the College addresses sustainability. One such event (pictured top and bottom) was a sustainability forum during the Fall 2009 semester that was part of the Lapping Lecture Series.
The Writing Center’s Get Out The Vote contest stirred up a few storm clouds during the Yes on 1 vs. No on 1 conflict (whether to repeal gay marriage in Maine) on campus during the fall 2009 semester, but through the haze of arguments it also reminded the College community that writing has special power. Students who never considered themselves writers suddenly found themselves crafting arguments well into the night.

Judy Williams, director of the Writing Center, is no stranger to the writers on campus. Three years ago, Williams created the Writer’s Circle as an open ended group where writers meet on common ground to discuss their work and ideas. She wanted “a place for people who think of writing as strength.” This is no elitist club, everyone is welcome. People with varying abilities come to the meetings. Staff, faculty, and students take advantage of the rare chance for like minded writing enthusiasts to get together and talk about what makes their literary muses tick.

But what makes these people with interests that range from writing novels to spinning poems seek others with whom to share? Williams has an idea, saying that “they just seem to laugh and enjoy each other. It seems almost like a social need for writers to get together.”

Students at Unity want to save species, catch poachers, fix loop holes in the law and change the public’s eye on environmentalism. Why should its writers be any different? Even if they aren’t writing about being green, they’re flexing their creative muscles and learning how to communicate, not just eye to eye with other people, but mind to mind through the medium of writing.

“Writing is something of value,” said Williams. “If you extend yourself, you should be recognized.”

Director of the Writing Center Judy Williams reviews student writing. She urges students to explore the world through writing.
Weighing Garbage More Than a Fun Activity

By Jesse Pyles, Sustainability Coordinator

You can’t manage what you don’t measure. This adage is perhaps truer in the campus sustainability world. Analysis of consumption patterns and resource conservation are the bedrock of any effective sustainability program. Indeed, our participation in the American College and University Presidents Climate Commitment and the Maine Governor’s Carbon Challenge requires calculation of greenhouse gas emissions from heating oil, electricity, transportation fuel, and landfill waste on a regular basis.

In October of 2009, the Sustainability Office completed a Trash-on-the-Lawn waste audit of our recycling program with three chief goals in mind: 1. raise campus awareness about waste habits 2. allow student leaders to engage in sustainability outreach, and 3. measure quantity and quality in our waste diversion program. During the event we collected one day’s worth of trash and recycling from all campus buildings. Then nearly 40 students gathered to weigh, sort, and check the 350 pounds of waste.

Of that 350 pounds, 242 pounds had been thrown away as trash and 108 pounds were recycled, a recycling rate of 31 percent for the day. When recycling crew members led the crowd in a spot check of both waste streams, they found that roughly 38 percent (by weight) of the items thrown in three trash bags could have been recycled if disposed of properly. Very few trash items were found in the recycling stream. The resulting heaps were left on display for the remainder of the day with signs indicating the results of the audit.

The Sustainability Office will organize additional waste audits in the future to track recycling progress, and encourage further campus participation.

Student Projects Honored During Student Conference

By Olivia Hanson ‘10

At the end of each semester Unity College hosts a conference to showcase different student projects. Students present posters, videos and PowerPoint presentations to explain their research and community work.

Besides showing off their hard work, they also have the chance to win awards, some of which come with a $250 cash prize.

The student conference at the end of the fall 2009 semester started with poster presentations and judging in the lower level of the Unity College Centre for the Performing Arts. The room was packed with people moving around the winding poster display wall, which featured projects ranging from information on the Unity College medicine wheel to the effects of rut on buck weight loss.

The awards ceremony was the highlight of the conference. Winners included Hannah Kreitzer for creativity with her embroidery work, the environmental sustainability class for environmental professionalism with their research on chromium in river sediment, and Lacie Scheuer and Kristen Cowen for academic excellence for work with starfish.
Athletics Inspire Growth, Foster Friendships and Community

There is more to the athletic experience at Unity College than wins and losses. That is not to say that both varsity and club sports are not competitive. The Woodsmen’s team is a perennial powerhouse in the east, competing against teams from Colby College, the University of Maine, and Dartmouth College. Varsity sports regularly win championships.

Success is achieved with a team centered value system and ethic that gives players of all skill levels the opportunity to compete.

“If you focus on winning then you lose a lot within the competition,” explained Director of Athletics Chris Kein. “It becomes very narrow minded.”

With a mix of good coaches and experienced varsity and club athletes who are encouraging, even varsity teams have a successful open door, walk-on policy, says Kein.

“We have people who really want to be involved who may have never played a particular sport before, but they want to be involved,” Kein said. “I think the desire for involvement is a big part of our success. Anyone who wants to play a sport can join a team. We’re not going to turn people away because they don’t have experience. We will work on teaching them and giving them experience.”

There are four guiding principles for athletics at Unity: competition, fun, spirit and camaraderie. It is the value system for all athletics at the College.

“If all the coaches really work on developing those four values, then players leave Unity College with the feeling that they were involved in something bigger than themselves, something very worthwhile,” said Kein.

Unity Bids a Fond Farewell to Four Retiring Faculty

The Unity community bids a fond farewell to four faculty members who retired after the 2009-2010 academic year. They were Assistant Professor Doug Van Horn, who began teaching in 1989; Professor Christopher Beach, who began in 1995; Professor Jerry Cinnamon who began in 1973; and Associate Professor Jim Reed who began in 1988.

Christopher Beach  Doug Van Horn  Jerry Cinnamon  Jim Reed
SUSTAINABILITY FELLOW
DR. ANNE STEPHENSON JOINS UNITY COLLEGE

In February the Sustainability Office announced the addition of Dr. Anne Stephen- son to the team. She joined Unity College as the Rocky Mountain Institute (RMI) Sustainability Fellow with a specific focus on emissions mitigation strategies in campus buildings. She will be working half-time throughout the upcoming year to model potential energy and cost savings on campus and to conduct cost-benefit analyses of carbon reduction initiatives like appliance upgrades, weatherization projects, and fuel switching. She will create a “bundled” proposal to seek funding for these projects campus-wide, while involving students in assessment and project pilots.

Stephenson holds a doctoral degree from the University of Chicago where she focused at times on energy efficiency in historic buildings and served as a sustainability project coordinator in 2007. She is a United States Green Building Council Leadership in Energy and Environmental Design (LEED) accredited professional, a building performance institute building analyst, and a home energy rating system rater. Most recently, she served as the campus outreach coordinator at Clean Air-Cool Planet in Portsmouth, N.H., where she consulted on climate action plans and carbon reduction projects with colleges across the country. She also manages CA-CP’s Climate Fellowship Program.

She may be reached in the Sustainability Office in Constable Hall on Wednesdays and Thursdays (when she’s not in a boiler room somewhere).

Hope For Haiti Benefit At UCCPA Lends Support

International musician and singer Phillip Mentor and Maine’s own Grammy Award winner Paul Sullivan performed a benefit concert at the Unity College Centre for the Performing Arts on Friday, January 22. One hundred percent of the proceeds benefited Haiti Relief efforts by the American Red Cross and Water Projects International. During the intermission of the performance Vice President for College Advancement Rob Constantine announced that $3170 had been raised. Justin Walker, founder and president of Water Projects International, told the audience that he would be leaving the following week for Haiti. “This donation received equates to clean drinking water for six hundred people for the next two years,” he said. He is the brother of Eli Walker ’13, a captive wildlife care and education major from Locust Grove, Ga. Constantine offered special thanks for the generous support of UniTel, The Copper Heron, Judy Rock’s concessions, and Mainely Bartending and for their donation of all their proceeds.

Jennifer Williams Assumes Post in President’s Office

In November of 2009 the Unity College community welcomed Jennifer Williams as the secretary/receptionist in the President’s Office.

She brings with her a wealth of non-profit experience including administrative and fundraising work for an outdoor education center in Ohio, and serving as an executive assistant for a branch of the YMCA. Later she served in another position with the YMCA as a capital campaign coordinator.

“I like the environmental and experiential mission of the College and focus on sustainability,” Williams said. Those values are important to her lifestyle, she added.

Personal choices supporting her green lifestyle include living in a passive solar efficient home in Jackson, Maine, driving a fuel efficient car, organic gardening and supporting local farmers.
**Women’s Soccer Team Takes Championship**

Following athletics is a bit like reading a crystal ball, when it comes down to it everyone is equally good at it. Even the most well-versed sports fans are often surprised by events that take place during the season.

The feel good story of the fall 2009 semester was the saga of the women’s soccer team. While many fans thought they would be competitive, few would have thought them top picks to win the championship and compete in the nationals.

Yet, the women’s soccer team, one of the most close-knit varsity teams at Unity College, played through adversity with an equal mix of joy and spirit, winning the Yankee Small College Conference championship. They played for a national title at the United States Collegiate Athletic Association national championship in Burlington, Vt.

Though their season ended after two games in Burlington, the experience will last a lifetime.

Coach Jeremy Von Oesen was voted Yankee Small College Conference Coach of the Year by his peers. Ten players were named academic all-Americans. To be named an academic all-American a player must maintain a minimum 3.5 grade point average.

The team concept and values in place helped the team win the championship, says Director of Athletics Chris Kein.

“Jeremy (Von Oesen) uses his more experienced players to help coach and teach the younger players,” said Kein. “Players were all on the same page, working to achieve the same goal. The experience was exceptional. For those 16 women, it was an experience they may never have again, to compete for a national championship.”

The stunning success of the Unity women’s soccer team was achieved with a focus on the importance of every player and team chemistry.

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**Sustainability Means Reframing Scholarship**

By Associate Professor Mick Womersley

At first glance it might seem like building any kind of structure is not a good use of the educational time of four-year college students.

But why not? Don’t college students also have to learn to accept and provide leadership? Learn to endure a little, taste a little fatigue, gain a little character, test out a little confidence, accept a few hard knocks from the university of life, and come up smiling?

**Questioning Old Assumptions for Long-Term Benefit**

Can society afford to leave all the manual work to “someone else?” I mean this question in two senses of the word “afford.” Can’t individuals benefit financially from working on their own buildings, saving money and frustration, becoming more independent and self-reliant? Won’t they be better able to afford to be homeowners if they can?

If people in general are more self-reliant, won’t society benefit? Won’t we save on time, energy, and brainpower if people in general are capable, confident, and competent with building?

So this is why we built a barn last semester, and we have the calluses to prove it. Best of all, the effort did us good.

Associate Professor Mick Womersley (far right facing) guided students through the building process. The class did not require students to possess previous construction experience.
A Road Not Taken Premieres in Europe and America

In 2005, an Associated Press story about the array of solar panels formerly atop the White House during the Carter administration that were brought to Unity College in the early 1990s, caught the attention of two Swiss filmmakers.

Christina Hemauer and Roman Keller of Zurich, Switzerland, contacted Associate Professor and Interim Vice President for Academic Affairs Mick Womersley. A dialogue between the filmmakers and Womersley led to the filming of a documentary about the panels. Two Unity College students are prominently featured in this documentary, Sara Trunzo ’08 and Jason Reynolds ’05. Also featured from Unity College are President Mitch Thomashow, Associate Professor Mick Womersley, and retired Professor David Purdy.

The theme of this documentary, entitled A Road Not Taken, explores the visionary energy policy of President Jimmy Carter, who greatly reduced oil imports and put America on a path to achieve 20 percent of its energy from renewable sources by the year 2000. The installation of solar panels atop the White House by President Carter was a symbolic gesture of hope that America would not turn from a forward thinking energy policy.

This documentary premiered at the most prestigious film festival in Switzerland, The Solothurner Filmtage.

Details are online at www.filmtage-solothurn.ch (Swiss premiere). The premier was on January 26.

The USA premier took place at the Environmental Film Festival in Washington, D.C. on March 20. Details are online at www.dcenvironmentalfilmfest.org/.

A trailer for the documentary is available online at www.roadnottaken.info/
Professor Chris Beach
Professor Chris Beach offered a sabbatical presentation on his research into the history and evolution of land conservation in Maine to Unity College faculty, staff, and students in January.

Professor Doug Fox
Professor Doug Fox is to be featured in a forthcoming article for Pet Business Magazine. He offers advice to pet retailers on creating a well-stocked pond or water garden department. His comments will focus on stormwater control such as rain gardens and swales. He was also featured in a Boston Sunday Globe front page article about the Amish community in Unity. During the spring semester Fox also offered tips to Creators News Service for spring and summer lawn and garden design. This service distributes content to Canadian print and electronic outlets. Fox, director of the Center for Sustainability and Global Change at Unity College, will lead a three-part discussion series at the Belfast Free Library in January and February.

Professor Jim Horan
Professor Jim Horan presented a workshop entitled, “Facilitating Moral Development in Beginning College Students” at The 16th International Conference on Learning in Barcelona, Spain in July 2009. The session described how a teaching activity used in The Unity Experience enhances moral development in students by requiring them to research diverse perspectives on controversial social topics and present opposing viewpoints to their peers.

Professor Don Lynch
Professor Don Lynch has been in-demand for comments on a number of psychology related issues. For example, his comments about the effects that Valentine’s Day can have on people who are single will be featured in a story by the Daily Gazette in Schenectady, N.Y. Lynch was also interviewed for a forthcoming article for the web site At Home Sense, which offers advice on comfortable home décor, seasonal decorating ideas, living well and staying healthy. The article featuring comments by Lynch, focuses on the popularity of lawn ornaments from a psychological/cultural viewpoint. His comments will also inform a forthcoming article by Arizona-based journalist Celeste Sepessy about different styles of learning for the Health & Fitness Provider Network, a web-based business solution concern for top health and fitness professionals.

Associate Professor Kathryn Miles
The work of Associate Professor Kathryn Miles was featured in a Central Maine Newspapers review of her non-fiction book entitled Adventures with Ari. A forthcoming article in College Magazine, an educational web site offering tips for college students, will feature advice by Miles. The article will feature tips about how to write the perfect college paper.

Associate Professor Tom Mullin
Associate Professor Tom Mullin served as a judge for the 2009 National Outdoor Book Awards. This award is part of a national recognition program for the latest in outdoor and environmental literature. The three award categories he judged were Nature and the Environment, Natural History Literature, and Natural History Guides. He served as a judge for the 2009 Interpretive Media Awards program of the National Association for Interpretation. He judged the DVD and Video category of the latest in interpretive media productions. He also served as a judge for the Association of Partners of Public Lands and National Park Service annual awards program. Additionally, he consulted for the Maine Lakes Conservancy Institute in researching the development of educational/interpretive programs at Maine’s Sporting Camps. He also participated in the development of educational cross curriculum sharing with the Gulf of Maine’s Vital Signs program and the Maine Volunteer Lake Monitoring programs.

Associate Professor Lois Ongley
Associate Professor Lois Ongley taught as an adjunct instructor teaching physical geology for the University of New Haven in Riyadh, Saudi Arabia, in the spring of 2009. In March, Ongley was witness to the largest sandstorm in Saudi Arabia in several decades.

Associate Professor Tim Peabody
Associate Professor Tim Peabody spent two weeks during the summer of 2009 at the Federal Law Enforcement Training Center in Brunswick, Georgia, working within the National Park Service Seasonal Law Enforcement Training Program. In August of 2009, Peabody was certified as a Federal Law Enforcement Accreditation Manager working with Acadia National Park and the Schoodic Point Educational Research Center, preparing a Seasonal Law Enforcement Training Program for Unity College. The expected start date of this program is September 2010. Also, in September 2009 Peabody worked with Unity...
College students on two Operation Game Thief fund-raisers. Students prepared and served lobster stew to the Northeast Conservation Chiefs at the Pine Tree Camp in Rome, Maine in October of 2009. That same month Peabody also led students in a meeting with Maine Warden Service Chief Pilot Charles Later for an airplane demonstration. He also led students to a forensic crime scene mapping demonstration from Warden Investigator Kevin Anderson.

Community Benefits from Class Projects

Each semester communities in Waldo county benefit from hands-on class projects carried out by Unity College students.

During the fall 2009 semester, a service learning class entitled community practices taught by Professor John Zavodny placed students in a variety of volunteer situations to benefit Unity area communities. Students provided a minimum of five hours of service per week by partnering with community organizations to identify, plan and deliver projects to meet community needs.

Ashley Sutton ’12 worked with Last Chance Ranch, an equine rehabilitation facility in Troy, Maine, to develop an introductory curriculum for working with at-risk youth.

Elizabeth Regan ’11 developed an outdoor classroom and nature trail in partnership with the Belfast Area Children’s Center.

During the spring 2010 semester Angela Hardy, director for experiential and environmental education and co-director of the teacher education program, taught a class entitled the environmental citizen. Thirteen Unity College students worked with teachers and students at Mt. View Middle School in Thorndike, Maine, to incorporate agriculture in the classroom. Some of the Unity students taught lessons.

The curriculum was developed using a greenhouse that has been part of Walker Memorial School in Liberty, Maine.

Unity College Participates in UMaine EPSCoR Program

The Experimental Program to Stimulate Competitive Research (EPSCoR) is a program directed at states that have historically received lesser amounts of research and development funding. Through this program, states develop partnerships between their higher education institutions, industry, government, and others to effect lasting improvements in their research and development infrastructure, capacity, and national competitiveness. Maine EPSCoR at the University of Maine oversees and implements the state’s National Science Foundation EPSCoR programs.

In July of 2009, The University of Maine (UMaine), in conjunction with the University of Southern Maine, Governor John Baldacci, and other state government leaders announced that it received a $20 million National Science Foundation EPSCoR grant for its Sustainability Solutions Initiative.

As part of Maine’s EPSCoR award, Unity College was selected as a Sustainability Solutions Partner. With the guaranteed funding from the grant the College is designing a research program that involves several faculty and students.

“I’m so impressed with how quickly and effectively the Unity College team responded to this opportunity, one of many ‘surprise’ opportunities related to federal stimulus funding,” said Senior Vice President for Academic Affairs Dr. Amy Knisley. “It will be well worth the challenge—I am confident that this project will be among the things we point to in a few years, as a key contributor to Unity’s growth into a nationally-statured small college.”
Ed Reville opened a second office for RB Infrared in Burlington, Mass. The company uses infrared technology for detecting roof leaks, building envelope surveys and conserving energy services. His main office is in Tampa, Fla.

John Ehrentreu works in the Oriental rug business. He and his wife, Cheryl, have been married for 34 years, and they have a daughter, Erica, 27.

Frank Longo, who attended Unity College from 1968–69, graduated from Franklin Pierce University in Rindge, N.H. in 1972. He is retired and lives in Cocoa Beach, Fla.

Terry Morrison and his wife, Lillian, were the subjects of a story in the January 4, 2010 Waterville Morning Sentinel about their life in the Alaska bush. Although they now live in Waterville, Maine they spent 17 years in a cabin 200 miles north of Fairbanks with no running water, indoor plumbing or working telephone.

Jane (Stevens) Pinnette’s son, D.J., went on outreach trips to Baltimore, to an International Mission Conference in Budapest, Hungary and to Israel on a Holy Land tour. Jane is involved with the Central Maine Recovery Center in Waterville, Maine.

Dan Corcoran is a licensed real estate broker, and he purchased the North Woods Real Estate Agency in Millinocket, Maine. He also helps his wife, Jean, with her business, Memories of Maine Art Gallery. They have two sons, two daughters and two grandchildren.

Steve and Vickie (Duguay) Goodwin are expecting twin grandsons in January. Steve works for Poland Spring Water in Hollis, Maine, and Vickie teaches in Biddeford.

Bob Portner celebrated his birthday with Steve and Michelle Bajardi; Marc Bane and his wife, Laura; Doug Isaacson and his wife, Betty; and Steve Silver and his girlfriend, Mary. They gave a toast to Unity College where they all met.

Toni (Sampson) Johnson works in a resource room for the Los Angeles school system. She has two daughters: Unity, an administrative assistant; and Monique, a college graduate with a bachelor of science in kinesiology. Toni also has a granddaughter, Destiny, 3 1/2.

Tom Virgilio is a hardware store manager. He has been married for 33 years and has a son who teaches music technology at Great Neck High School in N.Y. Tom got his captain’s license seven years ago and enjoys fishing off Long Island.

Kevin Dyer is retiring after 34 years of working for UPS in Farmington, Maine as a driver. He and his wife, Jan, have three grown sons and two grandsons. Kevin remembers Bob Sylvester teaching him to drive with a standard shift on his old 1964 pickup truck.

Jeff Bailey is a real estate agent for Water’s Edge Realty in Milbridge, Maine. He also digs for marine bloodworms. His wife, Vicki, worked for the Cherryfield Ambulance Services for 11 years and as an EMT for six years. They have three children.

Tyler Schueler works for a global manufacturer of medical products and moved from Chicago to Florida. He has a daughter, Kara, 19.

Sayre Merritt is retired. He and his wife, Esther, have twin sons, David and Daniel, 21. They also have a new grandson, Dominic; born to Daniel and his wife, Melissa, in June 2009.

Jane (Proujansky) Reeves and her husband are antique dealers. She volunteers at the elementary school and tutors reading and math. Her son Jake, 14, who plays both the piano and trombone, has an active interest in golfing. Last year he was in the internationals for junior golf.

Cam Robertson is a health physics project manager for Southern California Edison.

Sherry (Russell) Williams is owner and art director of SW Design in Lenoir City, Tenn. She creates concepts for commercials.

Mark Edwards is the pastor of the Cornerstone Baptist Church in Eastport, Maine. He went to the New Brunswick Bible Institute in Canada and then to Ecuador for 11 years. He and his wife, Melanie, have two children: Becky, a missionary in Ecuador, and Caleb, who is married with five children.

Jeff Sand retired after 28 years with the Rhode Island Department of Developmental Disabilities.

Scott Wingfield returned to Unity College for the Admissions Open House last November with his daughter, Melissa, a senior at Brewer High School in Brewer, Maine. Scott received his master’s in science for physical therapy from Simmons College in 1998 and is the in-patient physical therapist at the Franklin Memorial Hospital in Farmington. He also has a son, Dylan, 18.

Patricia Newell is the owner of Patricia Newell Accounting and North Country Press, both in Unity, Maine. She and Don have three children: Ryan, 27; Kelly, 24; and Emily, 22.

After two years at Unity College, David Burke earned a bachelor of science from the Indiana University of Pennsylvania and a master’s in business administration from the University of Michigan. He started a business for his father, invented an EL light, and aspires to be a best selling author. He has four children.

Ellen Cook-Kinsella is a community case manager working with special needs adults in Lewiston, Maine. She earned her bachelor of science in human services from the University of Maine at Augusta in 2006.

Steve Desroches works for the Capital City Press in Berlin, Vt. He has three children: Leah-Marie, a sophomore at UVM; Joe, a senior in high school; and Gideon, a junior in high school.

Newell Ficker sold his granite and marble business and sells rental properties on VRBO online. He and his wife, Carol, have two children: Neal and Michelle.

Mark Maynard is the automotive editor/writer/page designer for the San Diego Union-Tribune. He also produces weekly podcasts and writes for the Creators Syndicate.
Doug Shepherd is partially retired from the U.S. Fish and Wildlife Service. His wife has a new biologist position with a private consulting firm. Since they moved to Alaska, Doug spends his time hunting, fishing and trapping with his 7 year old. He keeps in contact with John Ryfa, Keith Chadbourne, Nate Clark, and his brother-in-law, Russ Sirianni ’82.

Tony Stoyko manages a lab for SGS North America in Denver, Colo. They analyze minerals and oils with a focus on coal and are working towards green energy. His daughter, Erika, is in the United States Air Force. Scott Ramsay worked for the State of Maine for 31 years at DOC-BPL-ORV Division as a manager. His project, The Downeast Sunrise Trail project (DEST), is one of the largest in the bureau’s history.

Maurita Lord returned back to Maine to be near her father, former history professor Don Lord.

Tony Stoyko manages a lab for SGS North America in Denver, Colo. They analyze minerals and oils with a focus on coal and are working towards green energy. His daughter, Erika, is in the United States Air Force.

Scott Ward is a broker/owner of Exit Reward Realty in Pittsfield, N.H. He and his wife, Donna, have four children: Melissa, Andrew, Evan, and Wesley.

Donna (Wesson) Wyman is a certified occupational therapy assistant for special needs students for the Westfield, Mass. school system. During the summers she works at Camp for Kids. She has two children: Zachary, 22, who has a forge and metal fabrication shop; and Kelsey, 19, who is a tattoo artist.

Mike Billiel, who attended Unity College from 1988-1989, went to the University of Massachusetts Amherst. He works as a police officer and narcotics detective for Amherst and Shrewsbury. He and his wife, Terrie, have four children: Heather, Kristofer, Ashley, and Ryan.

Andy Robidoux owns the Andre Robidoux Construction Company in Biddeford, Maine. He and his wife, Jen, have two children: Andre, 9; and Audrey, 1.

Jeremy Johnson retired from the police force and is a director of service for a major hotel in Clearwater, Fla. He plays golf and rides a Harley.

Scott Lane was accepted into the master’s program of public administration at the University of New Hampshire in Manchester. He received his bachelor of science in law enforcement administration from Granite State College in 2006 and is chief of police in Pembroke, N.H. He has a stepson, 30; and he and his wife, Carol, have a son, 12.

Ingrid (Noss) Reed’s daughter, Lenore, was married in August, and her son, Josh, is an insurance agent. Ingrid also has a grandson, Aidan, 18 months. She is the scheduling supervisor nurse at Newton Wellesley Hospital in Newton, Mass.

Wayne and Deb Berger’s daughter, Jordan, started college at High Point University in High Point, N.C.

Robin Clark is building a house on Whidbey Island in Puget Sound. After the Peace Corps, she worked for People for Puget Sound, an environmental advocacy group in Seattle, Wash.

Jackie (Kennedy) Byrne has her own photography business, Babyface Picture Parties, in Enfield, Conn. She and her husband, Stephen, have a daughter, Sophia, 12.

Crystal (Lanman) Boston works in special education in North Berwick, Maine and has a son, Zack, 23.

Rick McAlister is a sergeant in the Maine State Police in charge of the state’s Crash Reconstruction Program and Electronic Crash Reporting System. His wife, Mimi, is the business manager for a child health service non-profit organization. They have a son, 23, and a daughter, 21. Rick is playing in two different bands, recording a studio album, and playing percussion in the local community theater.

Linda Parker and her husband, Dave, have a daughter, Katy, 10.

Mike Kinsella and his wife, Dawn, built a house in Belgrade, Maine. Mike has a stepson, 9.

Nicolas Moros is coaching high school soccer and playing competitively in Pennsylvania. He worked in R&D at Alcoa’s Technical Center for seven years.

Tracy (Goldstein) Quigley returned to teaching. She and her husband, Dave, have three children: Kelly, 13; Kyle, 12; and Rachel, 8.
Joe Zipparo ’97

As a non-traditional student and residential advisor (RA), Joe Zipparo ’97, believed he could offer his life experiences to help new students adjust to college life. His belief was soon validated with positive feedback from both students and his supervisor, Director of Resident Life Stephen Nason.

What made his advice so valuable was that he lived it, leading by example. He advised his students to adjust to campus life by immediately getting involved in many activities and develop wide ranging interests. That is precisely what he did to make the most of his time at Unity.

He was very active in school sponsored activities, student government, and volunteer projects. Looking back he believes that his decision to become an RA helped to shape his career choice.

“For a while I moved between non-profit conservation organizations and private industries,” Zipparo said. “I continued to be drawn into conservation because I am passionate about it. I never forgot the encouragement I received at Unity to keep going after a desired career.”

He strongly encourages Unity students to become involved with volunteer efforts, especially within a desired field.

As Stewardship Project Manager for Coastal Mountains Land Trust in Camden, Maine, he manages two preserves (one with 22 acres of Maine Organic Farmers and Gardeners Association certified organic blueberries), operates a farm, maintains two trail systems, and coordinates volunteers.

Zipparo attributes his success to perseverance and the leadership lessons he learned at Unity. He also credits the College for helping him develop, shape and reach his career goals.

Todd Hartford is a CADD engineer technician creating civil engineering drawings and survey base maps for Coffin Engineering and Surveying in Augusta, Maine. He and his wife, Terri, have a son, Dusti, 17.

Tim Simoneau is a corrections service specialist doing casework at the jail for the Vermont State Department of Corrections. Tammy (Hetrick) is a stay at home mom and co-coordinator/coach of the local Special Olympics. They have been married for 22 years and have four children: Samantha, Korrie, Morgan, and Riley. They also have an adopted daughter, Madison, and a foster child, Jayden.

Doug Blauvelt is facilities manager at the Franklin County Jail in Farmington, Maine.

Diane Borden-Billiot is the U.S. Fish and Wildlife visitor services manager for three National Wildlife Refuges in southwestern Louisiana. She coordinates programs in hunting and fishing, nature trails, special events, and student and volunteer worker supervision. She and her husband, Terry, have two children: Adam Paul, 15; and Sabine Rose, 12.

Doug Brown has been a radiologist in the U.S. Navy for 20 years, stationed in San Diego, Calif. He and his wife, Akiyo, have a daughter, Emi, 6; and three sons: Masao, 6; Takao, 18 months; and Hideoshi, 2 months.

Greg Burr is the assistant regional fisheries biologist for the Maine Department of Inland Fisheries and Wildlife. He played in the alumni basketball game in January.

Pete Gagliardi is the senior golf course greenskeeper at Yale. He visits Jim Yacona ’97 often. Pete hunts annually with Myles Turner ’86 who has a cabin in Oxbow, Maine. He also keeps in touch with Donna Swauger ’88 and Cathy (Docktor) Wolfe ’85.

Nate Smith owns his own business, B & B Painting, in Tallahassee, Fla.

Kevin Adam was promoted to lieutenant in the Maine Warden Service. Based in Greenville, he will supervise 35 sergeants and wardens in the Central Division. Kevin also manages the organization’s search and rescue operations and serves as liaison at the Maine Emergency Management Agency.

Melinda Angstrom is a guide dog supervisor who oversees the final training and placement for Guiding Eyes for the Blind in Yorktown Heights, N.Y. She works with Graham Buck ’87 and lives with her sister in Staatsburg, N.Y.

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Mike Bernardo worked in the mental health field for 17 years. He is the senior case manager for the Freedom Apartment program after 14 years at the Bridgewater State Hospital in Massachusetts.

Matt McClintock is in the U.S. Coast Guard Reserve, stationed in Kuwait. Matt’s plane stopped in Bangor, Maine for refueling, and they met the famous Bangor Troop Greeters at the airport. He and his wife, Betty, have a daughter.

91

Kerri (Preble) Godfrey and her husband, Dave, have a daughter, Aylin Grace, born last September, and a son, Liam, 5.

After 12 years as a real estate appraiser, Ed Ryan began teaching middle school physical science in 2008, and loves it. He is working on a master’s in middle grades education. His wife, Mary, has been a sixth grade math teacher working with gifted children for 17 years.
Ross Scrocca is a timber sales officer for the U.S. Forest Service at Willamette National Forest in Oregon. His wife, Mary, finished her four year degree from Oregon State University last June and works for the local school district. Their children are Hannah, Josh, and Grace.

Rob Davis works for Rugers, a firearms manufacturing company in N.H. He has a son, 9.

Chuck Eaton works for the Boy Scouts of America in Philadelphia. He and his wife, Jean, have two daughters: Hannah, 12; and Emma, 10.

Jay Hornyak owns Advanced Chimney Service, a chimney cleaning and restoration company in Killingworth, Conn. He is also a firearms safety instructor. Jay and his wife, Jennifer, have three children: Matthew, 8; Michael, 6; and Katelin, 2.

Carole Jean had an essay “Goodbye for a Much-loved Cat” published in the Maine Sunday Telegram in November. She is a sales account manager at Idexx Labs in Westbrook, Maine.

John Trzcinski worked with the New York Police Department since 1994 and was promoted to sergeant in 2009. He was reactivated twice with the U.S. Naval Reserve. In 2001 he spent a year in Naples, Italy and four months in Iceland in 2003. He started a company called Infinity Network Rewards.

Mary Bradstreet is an ed tech III in the Winslow school system in Maine. She received a degree in special education at Kennebec Valley Community College.

Anthony Greco is a department manager at Lowe's in Cicero, N.Y. He and his girlfriend just bought a house in Baldwinsville. Anthony plans to attend Alumni Weekend this fall.

Charlene “Sunshine” Hood is in her 15th year as park manager at Warren Island State Park in Maine. She is doing research on the Folwell family.

Cathy (Pelletier) Powell has a daughter, Kayla, 11.

Kristel (Price) McClanahan and David were married May 23, 2009. Dave teaches and conducts research at the University of Northern Iowa, and Kristel has two part-time jobs with Pitney Bowes and Earl May.

Michelle (Snyder) Grahn works for Bluecod Technology, an outsourcing insurance company which prints and distributes policies, bills, and helps with customer service. Her husband, Rob, is waterfront program coordinator for the Massachusetts Department of Conservation and Recreation.

Rob Thorp is a police officer in New London, N.H. He and his wife, Christina, have a daughter, Maddie, 3, and they live on a small farm.

Jeffry Chase is pursuing his master’s in school counseling.

Jeff Day is a police officer for the Chilmark Police Department in Mass. Jeff and his wife, Emily, have a son, Matthew Hunter, 20 months. Jeff just finished teaching a hunter safety course with Bret Stearns. In July he spent a week on Cape Cod with Tom Anctil ’93 and his family.

Eric Heinrich is the park maintainer for the South Windsor Connecticut Public Works Department. He and his wife, Anne, have two sons: Campfield, 9; and Paxton, 6.

Tracey Kelce is a certified rehabilitation counselor and life care planner who works predominately with adults and provides outreach. She received her master’s in rehabilitation counseling from Assumption University in 2001.

Aaron Marden is a corrections deputy for the Franklin County Sheriff’s Department, and his boss is Douglas Blauvelt ’89. Aaron and his wife, Jean, live in Strong, Maine.

Connie Berube is a case manager for children at risk. She has a daughter, Jasmine Berry, 4 1/2.

Barney Bonito is an independent filmmaker and is working with Red Bull on a movie in Portland, Ore. He is traveling to Hawaii in January to film kayakers running waterfalls.

Robin (Brown) Dyer is a wildlife biologist/district supervisor for the USDA Wildlife Service. She oversees a range of 13 employees depending upon the seasonal positions. Chris is a Maine game warden assigned to the Unity area. They have a daughter, Brooke, 3.

Ruth (Hefty) Thornton is the regional scientific and natural areas specialist for the Minnesota Department of Natural Resources, managing SNAs in the prairies of southwestern Minn. She has a master’s in fisheries and wildlife from Michigan State.
Niki Lafin runs a video store, Brookside Video, in Norridgewock, Maine. She also helps on the family Boer goat farm.

Heather (MacNeill) Falconer and her husband, Iain, are going to Egypt this winter for 10 days to help restore the coral reefs. Heather is in training for her scuba diving instructor certification. She also does freelance writing and editing in Glasgow, Scotland.

George Speidel is a medical assistant and phlebotomist at Seabrook Village in Tinton Falls, N.J.

97

Hauns “Doc” Bassett and his wife, Kimberly, have a daughter, Linnea Charlotte, born August 11, 2009. They also have a son, Anders, 20 months.

Robert Longeill and his wife, Denise, have a son, Zackary, 8, who plays soccer year round on a travel team.

Jennifer (Fowler) Thompson is a lab assistant and EKG technician at the Midcoast Hospital in Brunswick, Maine. Clint is a Marine Patrol Officer for the Maine Department of Marine Resources.

Terry Johnson returned from deployment in the military. He is now assigned to the 143rd Security Forces in Rhode Island.

Bill Urquhart works for the Maine Forest Service in the Entomology Lab in Augusta monitoring invasive insects. He and his wife, Kathy, have two sons, four grandchildren and one granddaughter. He talks with Chuck Ransom regularly.

98

Sónia Antunes received degrees in landscaping from the University of Maine in 1996 and educational speech and language therapy from Kennebec Valley Community College in 2000. She is an administrative assistant II for the University of Maine Cooperative Extension.

Tom and Elisha (Lindquist) ‘00 Boatman have two daughters: Violet, born in August, 2009; and big sister, Najala, 3. Tom works for UPS and Elisha is a nurse at the Nephrology/Urology Unit in the Maine Medical Center in Portland, Maine.

Donaldson Boord is a Marine patrol officer for the Boothbay, Maine region. He wrote novel chapters and posted them on Facebook with hopes for publication. He and his wife, Maria, who is an artist, have two children: Gabriella, 9; and Ellison, 8.

Mark Demgard is a foreman for Clean Harbors Environmental Services in Bow, N.H. He lives in Warner in a house he built himself.

David Legere is the owner of Aquaterra Adventures, a sea kayaking outfitter, doing guided tours and instructions in Bar Harbor, Maine.

Barry Meserve is a Maine state policeman in the K-9 unit. He and his wife, Jennifer, have two children: Kaylee, 9, and Ian, 5

Carly and Tim Nolin ’99 have a daughter, Maya, born May 27, 2009. Carly is an instructional assistant at Ossipee Central School. Tim is a partner in Forest Land Improvement in Chocura, N.H.

Deb Shea is a biological science technician for the U.S. Forest Service at Ouachita National Forest in Mena, Ariz.

Karen Stainbrook is a research scientist for Watershed Assessment Associates in Schenectady, N.Y. She has a master’s in aquatic ecology from The State University of New York.

Holly Wadsworth is the owner of Buggy’s Landscape Service in Columbia Falls, Mont.

Ray Webster received his doctorate in physical therapy from the University of Vermont in May. He was hired by Track Physical Therapy in Burlington, specializing in sports and athletic injuries. Ray takes part in races and triathlons almost every weekend.

Jamie Woods is in charge of maintaining, ordering, receiving and budgeting for Specialty Minerals in Madison and Millinocket, Maine. He and his wife, Melinda, have two children: Colton, 11; and Delaney, 6.

99

Heather (Bryer) Lorrain is the administrative assistant in the guidance office at Boothbay Region High School. She and her husband have a son, Emery James, 4. Heather also has her own pottery business, Peaceful Acres Pottery in Boothbay, Maine.

Sarah (Fowler) Rowe is the office manager at the Bath Animal Hospital in Bath, Maine. She received an associate’s degree in veterinarian technology from the University of Maine.

Jennie Lindsay is a clinical social worker for the Virginia Medical Center in Brockton. She graduated from the University of New Hampshire in 1999 and received her master’s in social work in 2001.

Jeff Moody is an intake officer at the Cumberland County Jail in Cumberland, Maine. He and his wife, Sheri, have a daughter, Sadie, 1.

Kim Paulson raises Lepidoptera, maintains tropical plants and plans educational programs at a butterfly conservatory in South Deerfield, Mass.

Scott Philbrook is in his 10th year with the police department in Milton, Vt. He is a detective corporal and shift supervisor. He and his wife, Tiffany, have two children: Emma Grace, 5; and Ryan Scott, 1.

Michael Plante is president of MDP Research Inc. in Colchester, Conn.

Scott and Sabrina (Fuchs) ’97 Stidsen have a son, Bo, 4½. They live on a small farm with a dog, two cats, two horses, a pony, a mini donkey, and 23 chickens. Scott is self-employed with two businesses, Mossy Rock Masonry and Massachusetts Biodiesel Pro. Sabrina helps organize and restructure the companies.

00

Ross Conover is a biology professor teaching ecology and field biology, general biology and vertebrate zoology at Glenville State College in West Virginia. He received his master’s in biology from Mississippi State in 2005 and his doctorate in animal ecology from Iowa State in 2009.

Amber Hayden works for the Environmental Science office at the North Pole and will leave the Army as a captain. She and her husband, Cory, have a daughter, Winter, 16 months.

Paul Jones completed his fellowship at Yale, and his paper on the Evolution of Viruses was published. He is now a teacher representative at the Yale Teachers Institute working with professors on fellowship candidates and courses of study. He was awarded the New Haven Public School Foundation 2000 mini-grant to build an organic garden at his high school.

Tracy Leet is a senior photogrammetrist technician for James W. Sewall Co. in Old Town, Maine.
Jeff "Fonzie" McCabe

Trevor and Nikki (Remillard) ’01 Libby have a son, Alden Edward Libby, born September 7, 2009. Trevor is a real estate agent, and Nikki is an environmental project specialist for AECOM in Sagamore Beach, Mass.

Amber (Lyons) and Jeremy Faucher ’99 have two children: Tanner, 6; and Chloe, 4.

Jeff “Fonzie” McCabe was cited by the Maine League of Conservation Voters for his excellent voting record on environmental matters in the Maine Legislature. He received special recognition for his work on the Maine North Woods and the Land Use Regulation Commission.

Michael Bernier

Michael Bernier is sternman on the lobster fishing vessel Isabel M. out of Birch Harbor, Maine. He and his wife, Kelley, have three children: Jordan, 11; William, 7; and Maximus, 4.

Thad Hutchinson

Thad Hutchinson is a corrections officer for the Alabama Department of Corrections and a sergeant in the National Guard.

Robert King

Robert King is a regional brewery representative for Otter Creek and Wolaver’s Breweries in Middlebury, Vt. He and his wife, Brooke, have a daughter, Autumn, 4.

Raquel (Ross) Goodrich

Raquel (Ross) Goodrich is a project manager for the Planning Center in Tucson, Ariz. Rob ’03 works for the U.S. Department of Homeland Security. Raquel received her master’s in public administration, planning, land use and environmental sustainability from the University of Maine. Rob received his master’s in special education from Grand Canyon University.

Dennis Rumba

Dennis Rumba is a solar thermal installer for ReVision Energy in Liberty, Maine.

Tom Simononis

Tom Simononis worked in the construction business for 10 years and is starting his own company, Thomas A. Simononis Home Improvements.

Sarah (Thornbury) and Patrick Kieran ’00 moved to Colorado. Patrick is a wildland firefighter for the National Park Service, and Sarah is teaching part time. They have two children: Owen, 5; and Liam, 2.

Jeremy Cass

Jeremy Cass is an outpatient child clinician at Tri-County Mental Health. During the summer, he teaches whitewater kayaking for Maine Kayak, owned by Alvah Maloney ’00. He and Danielle Martin are engaged to be married August 7, 2010. This spring he was a member of a team that ran the class V Green River Narrows in North Carolina—one of the roughest whitewater rivers in the United States.

Matthew Cooper

Matthew Cooper married Leah Faenza on May 30, 2009. He is a residential accounts executive for Comcast in the greater Boston, Mass. area.

Mike Dumont

Mike Dumont is a purification team leader for New England Peptide in Gardner, Mass. He and Melissa Butrie ’06 live together. She works for New England Peptide as a technician.

Justin Ferland

Justin Ferland and his wife, Melinda, have a daughter, Hannah Ann, born July 20, 2009. Justin is a conservation officer for the New Hampshire Fish and Game Department.

Rachel Haverinen-Heiss

Rachel Haverinen-Heiss is a medical assistant and assistant keeper at the Phoenix Zoo for the Galapagos Tortoise Collection. Jonathan is an environmental planner for Jacobs Engineering in Phoenix.

Shawn Jeanson

Shawn Jeanson worked five years as a land surveyor for Central Land Surveying in Bristol, N.H. He also worked eight years as a marine patrol officer for the New Hampshire Marine Patrol at Lake Sunapee and the Connecticut River Valley. He is married to Nicole.

Erin Amadon

Erin Amadon is a partner in a professional trail contractor company, Peter S. Jensen & Associates. The company is a member of the Professional Trail Builders Association, and privately contract trail work primarily in New England.

Christy (Charters) Kervin

Christy (Charters) Kervin is a science teacher and high school girl’s soccer coach in Dracut, Mass. Jeremy ’05 is a corrections officer.

Jason Demers

Jason Demers worked as a national park law enforcement ranger at Arches National Park in Utah for three years but plans to go back to school for physical education instructing this winter. He was married in December.

Drew Foley

Drew Foley is back from Africa after two years with the Peace Corps. He is now in India living in an ashram for three months.

Harrison Hauser

Harrison Hauser is a turbine technician for VESTAS in Eustis, Maine. There are 22 wind turbines on Mt. Kirby and 22 more on the way.

Rob Hogg

Rob Hogg has his own business, Forest, Farm and Field, a tree care, firewood and snow plowing company located in Troy, Maine.

Jason Killary

Jason Killary is a patrolman for the Boscawen Police Department in N.H.
Jennifer Knight is the founder and owner of Spirit Light and Luna Herbals based in northern California. She does holistic healing using usui reiki, shamanism and aromatherapy.

Will Seeley is the manager of GetOutdoors, one of the largest paddle sports stores in the southeast, located in Greensboro, N.H. He is in his fifth semester of teaching kayaking and hiking at Forsyth Technical Community College. He and Melody, a dental assistant, have two sons: Branden, 14; and Liam, 7.

Joey Bearce is the team leader for Becket Programs of Maine. He played in the alumni basketball game in January.

Courtney Blodgett was on active duty as a truck driver with the U.S. Army. She is working towards a master’s of education in educational leadership/athletic administration at Plymouth State.

Wesley Dean is a Maine Department of Marine Resources patrol officer.

John Dumais is a fish culturist for Maine Inland Fisheries and Wildlife at the Dry Mills Hatchery. He raises and stocks brook trout.

Daniel Pepin is a pilot/first officer for Peninsula Airways in King Salmon, Alaska.

Chris Retz has his own business, Chris’ Home Improvements, specializing in general carpentry and custom dock building.

Mark Savage is a forest machine operator/forester for Chadbourne Tree Farms in Bethel, Maine.

Hilary Woodworth is an animal keeper of large carnivores and hoof stock for Walt Disney’s Animal Kingdom, Fla.

Brenda Abel is a teacher’s aide for a Head Start program and works in an after-school program at the high school in Cassadaga, N.Y.

Kevin Blanchette is an Alaskan State Trooper, stationed 30 miles north of the Arctic Circle. He and four other troopers patrol villages in the Northwest Arctic Borough. He received his training at the academy in Sitka and worked in the Palmer/Wasilla area. His fiancé, Andrea, who attended Thomas College, is with him.

Tim Cassidy is an interpretive park ranger at Yellowstone National Park. He continues to follow his main passion/hobby - Bigfoot research. He is also studying for his graduate record examinations and plans to attend Idaho State University next year.

Jacob Day is a police officer for the Mount Desert Police Department in Maine.

Katie Haase is studying for her master’s of science in conservation biology at SUNY College of Environmental Science and Forestry in Syracuse. Her subject is moose and climate change in the Adirondack Mountains.

Andrew Halbruner is the supervising field biologist for four months a year at Great Basin Institute in Mesquite, Nev. The rest of the year he is a wildlife technician for New Jersey Fish and Wildlife.

Justin Hart is a professional fisherman on a new sport fishing charter, Playmate, out of Ocean City, Md. Last summer he was in several record setting tournaments.

Greg Hodsdon recently accepted a new job as a duck hunting guide in Texas.

Jayson Lucarelli is a biological observer for East West Technical Services in New Bedford, Mass. He collects fisheries data from commercial fishing vessels on the east coast. He is also a Maine registered whitewater rafting guide and works summers for Northwestern Outfitters in The Forks.

Glen Lucus is a New Hampshire game warden in Coos County. He played in the alumni basketball game in January.

Rob Mitchell is the project manager for Mohawk Northeast Marine Division. He played in the alumni basketball game in January.

Jeff Ruckert is an emergency medical dispatcher for Delta Ambulance in Waterville, Maine. He will receive his paramedic license in December.
Jenna Jasiukiewicz is a vet tech. assistant at Lloyds Animal Medical Center in Chelmsford, Mass. She and Drew Mutlicick are engaged to be married in September.

John Korkos is a landscaper working for Moonlight Gardens in Unity during the summer and Johnny’s Selected Seeds in Winslow, Maine during the winter.

Amy-Sue (Littlefield) Marden and Tim have a son, Tucker James, born Thanksgiving morning 2008. They have their own landscaping business, Marden’s Lawn and Garden Care. They live in Morrill, Maine with seven dogs, 22 ducks and chickens which they hatch and sell.

Vinny Marotta works as a ski tech at Alta Sports in Salt Lake City along with Dave Snell ’05, Greg ’01 and Maura (Olivos) ’02 Wilson.

Mark Mullen has a new job as venemous keeper/presenter at the Naples Zoo in Florida.

Jen Nagy and Ted Frazer are engaged to be married this October. She is a cartographer technician for the Bureau of Land Management, and he is a National Park Service fire crew member at Yellowstone.

Clayton Norwood is opening a new, ecologically-friendly candy store in Keene, N.H. The candy is produced by renewable energy and uses limited additives.

Brian O’Donnell is a corrections officer at the DYS Juvenile Detention Facility in Boston, Mass. He plays rugby with the Division 1 Mystic River Rugby Club and is also their secretary.

Emily Ouellette is a veterinary assistant and is going back to school to get an associate’s degree as a vet tech. She was giving tours at an endangered livestock farm and plans to go to Africa after she gets her degree.

Gerald Pound is working this summer and fall for the Maine Conservation Corps with the trail crew.

Leo St. Peter started Arbor Technologies, a tree care company that specializes in urban arboriculture, street tree inventory and hazard tree assessment in China, Maine.

Matt Wolfer is a park ranger for the Vermont Forest Parks and Recreation Department at Grand Isle. He is also a natural resources teaching assistant at the Center for Technology in Essex.

Dan Courtemanch is a conservation aide for the Maine Department of Environmental Protection and an alpine ski patroller at the Camden Snow Bowl.

Jameson Cycz is a program instructor for the Berkshire Outdoor Center, a section of the YMCA in Becket, Mass. He facilitates group activities, teambuilding, high and low rope courses and ecology courses.

Jake Deslauriers completed a youth conservation corps ranger job at Yellowstone National Park and is now learning to tele-ski in Carbondale, Colo. He plans to travel around the country.

Mickey DiPesa works at Johnny’s Selected Seeds in Winslow, Maine in the winter and at a local organic vegetable farm in the summer.

Andrew Durgin will graduate in May from Ave Maria with a master’s in public administration and criminal justice. He will return for his fourth year as a police officer in Old Orchard Beach, Maine from May through September.

Eric Fluette is working this summer in Alaska as a seasonal assistant at the Cook Inlet Aquaculture Association but is applying to the New Hampshire Fish and Game Department and to the Alaska State Troopers.

Ned Girard works for New Hampshire Ball Bearings. He played in the alumni basketball game in January.

Jake Harr owns two businesses; Baker Boys, a handyman business, and Harr’s Photography. He plans to earn a certificate in sustainable building and design.

Claire Formanski ’07 had a deep desire to forge a career at the federal level. Given the competitiveness of landing career opportunities at that level, she decided to pursue every training opportunity possible at Unity to improve her chances. This focused, work first approach put her at a pace to graduate early. The sooner she graduated, the sooner she would reach her lifelong goals.

Careful planning paid big dividends. She is now a seasonal law enforcement officer for the National Park Service. The role she plays on a daily basis is rife with dreams and goals formed as an adolescent.

“When I was 13, I started volunteering at Fire Island National Seashore in New York,” Formanski said. “I grew up on the beach and loved it. This (affinity for the outdoors) led me to pursue a career in conservation law enforcement.”

She was fully prepared to flourish professionally thanks to the challenges she found at Unity.

Formanski was a highly engaged student who was involved with many clubs and sports.

Facing the daily demands of being a residential advisor (RA) taught her time management and people skills. “It was a lot of added responsibility, but I still had good time,” she said. “Employers love seeing that I took on a leadership role in college. Being an RA provided a good boost to my resume.”

What was possible for her is possible for all Unity students, Formanski says. The key is working hard and being persistent.
Andrea Heim is working at a historical farm, Hale Farm and Village in Euclid, Ohio. She will receive her Peace Corps assignment in May.

Ryoko Kawakami is training for a job in the environmental education field.

Nate Kelly played in the alumni basketball game in January.

Bryan Lane is a food service supervisor at SUNY/Cortland and plans to take the New York State Department of Environmental Conservation exam to become a game warden.

Jennifer Lane works for an outdoor company called Treasure Island in Hong Kong with school camps that have international youth. She leads adventure camps in the summer and is a certified surf instructor.

Dana Mark spent the summer at a summer camp. She also spent a month learning to sail a tall ship out of Boston Harbor.

Lon Robinson was a fisheries technician for the Wyoming Game and Fish Department until November.

Richard Russ was featured in an article for the AMC Outdoors summer issue highlighting his woodsmen skills.

Kris Segars played in the alumni basketball game in January.

Jill Travisano works for the U.S. Fish and Wildlife as a nesting bird intern, mainly with piping plovers. She also does duck banding and works with invasive species. She is a staff member of the Raptor Trust, a Wildlife Rehabilitation Center in northern New Jersey. She is looking for a position in veterinary science.

Eric and Sue Anderson’s two children are both in college. Matt is at the University of Wisconsin-Madison, and Hannah is a freshman at the University of Wisconsin-Oshkosh. Eric is a biology professor at the University of Wisconsin.

Susanne Kibler-Hacker is recovering from a serious accident when she was hit by a car while riding her bike to work last October. She hopes to go back to work early 2010. Her son Chris is a senior in high school and is applying to colleges near the Washington, D.C. area.

Brian Bradstreet ’73 passed away August 5, 2009. He was a basketball player on Unity’s championship team in the 1970’s. He is survived by his mother, two sons and two sisters.

Tammy Doyle ’89 passed away December 29, 2009. She was a top dog handler in the Maine State Police K-9 Unit for over 12 years. She also operated an animal rescue unit. She is survived by her parents, two brothers and a sister.

Thomas Frechette ’79 passed away on December 4, 2009. He is survived by his wife, Andrea, and his mother.

Michael Sheppard ’97 passed away November 27, 2009. He is survived by his wife, Kathleen.

Jerry Howe, former director of maintenance and security, passed away January 2, 2010. He served as a town constable and member of the fire department in Detroit, Maine. He is survived by his wife, Deborah (Matern) Howe, ’86 and his son, George.

Charles Peirce, former environmental law professor passed, away at age 91 on August 6, 2009. Charlie was a lawyer, served in the Maine State Legislature, and was a municipal court judge. He was active in environmental causes and served as president of the Sheepscott Fish and Game Association for several years.

Dave Thombs, former math professor, passed away October 17, 2009. After being employed at Unity, he worked for Thomas College and became chairman of the math and the liberal arts departments as well as president of the faculty senate.
Classic Tee Shirt
100% pre-shrunk cotton
Colors: Garden green, gold rush, heather forest, and surf
$9.95

Ball Hat
Colors: Green and white
Low-profile, 100% cotton, cloth strap
$9.95

Rocky the Ram Mascot
Plush Toy
$16.95

Nalgene Bottle - BPA Free
Colors: Blue, pink, purple, red, sage, and smoke
$10.25

Carabiner Key Fob
Not weight bearing
Colors: Black, blue, green, orange, purple, and red
$1.75

Champion Powerblend Hoodie
50/50 cotton/poly blend
Applique letters and embroidery
Colors: Brown, dark green, and navy
$37.50

Size and color availability limited.